



Dayanand Education Society's
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Report on Barclays Life Skill program in collaboration with Rubicon

Program Name organized by DCOP: Barclays Life skill Program by Rubicon Skill development Pvt Ltd.

Venue: Seminar Hall of Dayanand College of Pharmacy, Latur

Date of Program: 21/09/2022 & 22/09/2022

Objective:

- To improve public speaking of Students
- To improve confidence level
- To train students how to appear for interview
- To train students to set Goals
- To teach Life skills

Description:

Soft and Life Skill development program was conducted by Dayanand College of Pharmacy, Latur in collaboration with Rubicon Skill development Pvt Ltd. on 21st and 22nd September 2022 in seminar hall. List of students was communicated to Rubicon and got registered. Mr. Nikhil Pradhan from Nagpur for delivery of session. Session was started at 10 am. On 21st September Mr. Nikhil has given training to students on to improve confidence. In introduction how to introduce and what are things like education, place of residence, areas of interest and career goals to be delivered. In practical aspects stage daring demo was performed by M.Pharm students and final year group.

For public speaking trainer Mr. Nikhil told few rules like eye contact with all people in session, moving through the space with confidence and energy, interaction should be with motivation, light smile, no nervousness, proper posture during standing, body language, voice tonality, if stage is small move in particular frame. During interaction you should have proper actions and facial expressions.

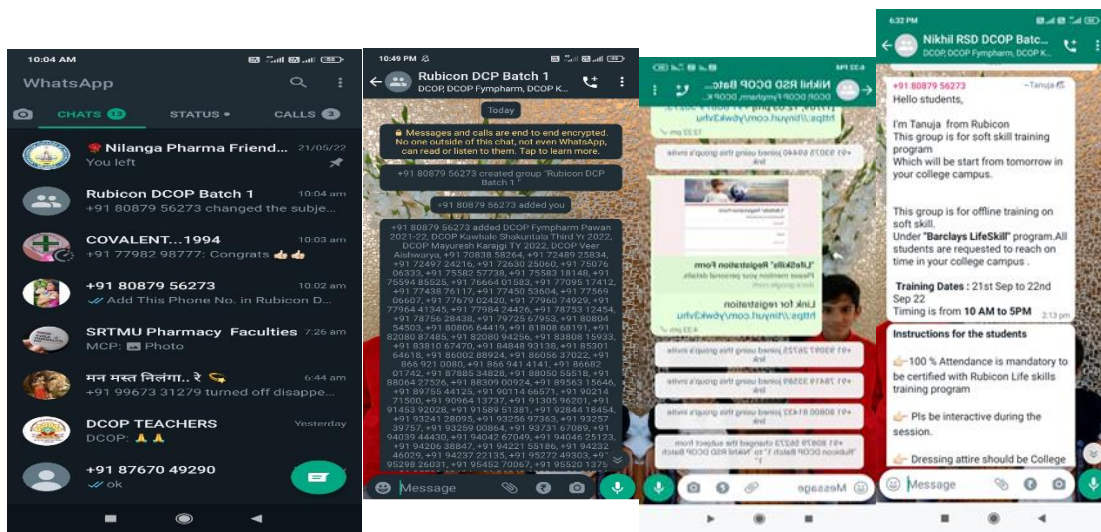
In afternoon session on 21st September training regarding SWOT analysis was delivered by trainer. He told what is SWOT. S for Strength, W for weakness, O for opportunities and T for threats. He told to overcome overthinking through meditation, morning walk or listening music. He gave example of Amitabh Bacchan who was refused by All India Radio to appoint him as anchor because his voice in this case it is his weakness but today, he is big actor because of voice here in this case his voice is his strength. So, trainer said in today's world you need smart work along with hard work. He sang his rap song called "Mer Bhi Naam Hoga" and also talked about e-book "Life Mastery" written by him. So indirectly he said make life interesting.

Later he talked about Body language and how to shake hand in interview. Also, how to appear from interview starting from entering into sitting on chair all movements and Etiquettes he covered. Then Mr. Nikhil delivered requirement's i.e., grooming for interview like what dress to be wear, what belt or shoes should be worn. For girls' what type of dress to be carried during interview.

On 22nd September he shown video's on Laughter Therapy, Kids quarrelling video, Lion laughter video to improve positivity. For Goal setting Mr. Nikhil told to make My Vision Board. Makin wish list of doing things. He discussed nature's law of attraction. He shown Goal setting video's.

In the afternoon session he shown video of Vivek Bindra a motivational speaker. Later trainer spoke about how to right resume and what parameter to cover in that including content, email, career objective, educational details, projects if any, achievements, strengths. In email etiquette he told how write objective, total body of email and to state PFA for attachments. In telephonic interviews students should remember date and time, talk in remote place, keep pen and notebook with themselves and put phone call on recording during interview. At the end of session, he recorded feedbacks of few students about training program.

Whatsapp Group Photo

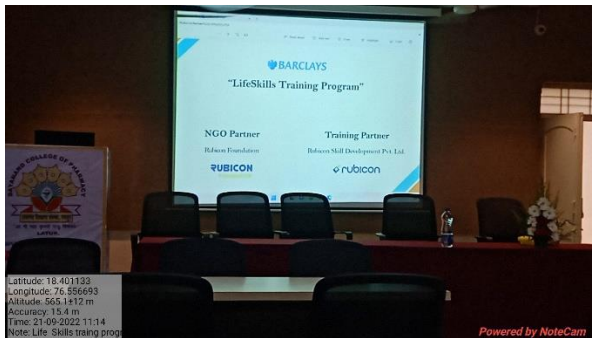


Outcome:

Through training program students learned about

- Interview skills

- Stage daring and public speaking
- Body language
- Goal setting
- Resume writing
- Email etiquette
- Telephonic interview



Mr. Nikhil given training to students on how to improve confidence. Date-22-09-2022

Confidence Building Session



Interaction with M. Pharm final year student's Mr. Pavan Chavan and Narayan Kote
Date- 22-09-2022.

Personal Introduction Session Of

M.Pharm Boys

B.Pharm Final Year Girls



Interview Skills Session



Hand greeting during Interview





22-09-22

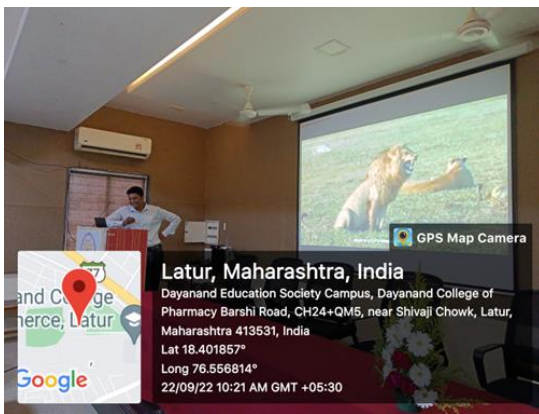
Laughter Video

Kids quarreling video



Lion Laughter video

Laws of attraction Goal setting



Public Speaking

B. Pharm Final year



**Interaction with B. Pharm final year student's Ms. Sujata Hamne and Rohini Bodhewar
Date- 22-09-2022.**







Time: 22-09-2022 16:20
Note: Life Skills traing program by Barclays Rubicon

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Time: 22-09-2022 16:21
Note: Life Skills traing program by Barclays Rubicon

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Principal
Dayanand College Of Pharmacy
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