



Dayanand Education Society's
Dayanand College of Pharmacy,
Latur

Antarang

MAGAZINE 2019-2020

Vision

- ❖ To nurture the future pharmacists with focused approach for overall professional development and excellence.

Mission

- ❖ To inculcate the research environment amongst staff and students.
- ❖ To assist the students for financial support during their education by introducing various scholarship schemes offered by different agencies/NGO'S.
- ❖ To provide the students all the learning facilities, along with understanding of ethical values and morality.

PEO'S (Programme Educational Objectives)

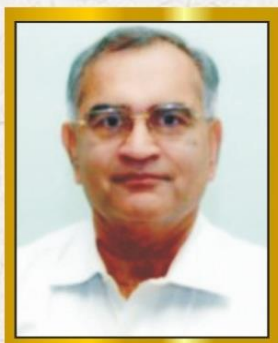
- ❖ Pharmacy Graduates prepared for higher studies and career growth.
- ❖ Pharmacy Graduates encouraged to acquire knowledge and competency as per the need of pharmaceutical and allied industries
- ❖ Pharmacy Graduates motivated to serve the community by creating awareness about social and healthcare services.

Pharmacist's Oath

- ❖ I swear by the code of ethics of Pharmacy Council of India, in relation to the community and shall act as an integral part of health care team.
- ❖ I shall uphold the laws and standards governing my profession.
- ❖ I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and public health.
- ❖ I shall follow the system which I consider best for Pharmaceutical care and counseling of patients.
- ❖ I shall endeavor to discover and manufacture drugs of quality to alleviate sufferings of humanity.
- ❖ I shall hold in confidence the knowledge gained about the patients in connection with my professional practice and never divulge unless compelled to do so by the law.
- ❖ I shall associate with organizations having their objectives for betterment of the profession of Pharmacy and make contribution to carry out the work of those organizations.
- ❖ While I continue to keep this oath unviolated, may it be granted to me to enjoy life and the practice of pharmacy respected by all, at all times!
- ❖ Should I trespass and violate this oath, may the reverse be my lot!



DAYANAND EDUCATION SOCIETY, LATUR BOARD OF DIRECTOR



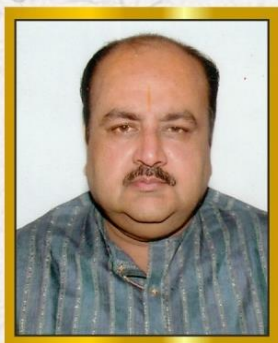
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Latur



Antarang

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Principal desk

“Take up one idea; make that one idea your life. Think of it, dream of it, Live on that idea let the brain, muscles, nerves, every part of your body be full of that idea, and just leave every other idea alone. This is the way to success.”

Swami Vivekananda

It gives me immense pleasure to pen a few words as preface to our in house magazine Antarang exclusively meant for churning out the latent writing talent which bears immense potentiality of sharpening student's communication skill as a part of overall personality development of a student. It represents the different colors of our young minds and also reflects the mirror image of all sorts of activities under taken by the institution and develops an opportunity for students to present, latent writing talent.

Empowerment of students for their all round development through education is our cherished motto. Today education means much more than merely acquiring knowledge and skills, building character and improving employability of our young talent the future leadership. The role of a college is not only to pursue the academic excellence but also to motivate and empower the students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. Converting every individual into a self-reliant and independent citizen, our college provides a fusion of academic and extracurricular activities.

We have inherited a strong foundation to march ahead and achieve the within mentioned education objectives for a stronger and brighter India. Measures initiated by the Hon. Management, steps taken by the college administration, the willing contribution of the teaching and nonteaching staff and overwhelming response and enthusiastic participation of my dear students in the college activities in the recent past all assure for this. I am proud of being the principal of such a wonderful institution dedicated to the causes of better India. I congratulate all the contributors and the editorial board for bringing out such a beautiful magazine.



Dr. Satpute K.L.
Principal
Dayanand college of Pharmacy, Latur

Editorial Message

Antarang, our college magazine, is a platform for our students to showcase their creative abilities hidden dreams and aspirations for writing. Our magazine aims towards bringing out the latent talent in our students through articles, poems, quizzes and experiences. Magazine is just that initiation to make them move forward towards their dreams.

Dayanand college of Pharmacy has always been on the forefront in pharma arena and has achieved tremendous success in all its endeavours. The united efforts of entire team of DCOP has made this year progressive by organizing seminars of national and international echelon, organizing industrial visits, workshops and social awareness campaigns. Additionally, our college has excelled in extracurricular activities and has shown supremacy in academics with **17** student's qualified **GPAT 2020** examination.

We have tried our best to rope in bits and pieces of all these events in our magazine. Our magazine also presents to you a wide horizon of talent portrayed in the form of poetry, art, sketches, scientific and non-scientific articles put forth by our students and teaching staff.

I would like to express my deep gratitude and heartfelt thanks to our beloved principal **Dr. Satpute K.L.** for her constant afflatus and thriving auspice for bringing out this college magazine. I am also grateful to all teaching staff and students for extending their cooperating and contribution to make this effort. Success of this effort to bring out '**Antarang**' is the result of dedicated teamwork put in by all concerned. The Editorial Committee feels privileged in presenting this special issue. Thank you all once again!!!!

Mr. Wadulkar Raghunath D.
Head of the Department
Department of pharmacology, Latur



Principal with All Faculty members of Dayannd college of Pharmacy, Latur



Principal with All Non teaching staff members of Dayannd college of Pharmacy, Latur

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Marathi & Hindi

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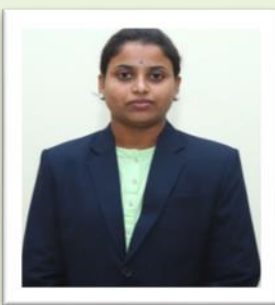
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GPAT RANKER 2019-20



Kendre Pratima
AIR 39



Shital Somani
AIR 566



Halkude Pragati
AIR 1167



Makhija Kiran
AIR 1385



Mamamle kalpana
AIR 1650



Dhone Yogita
AIR 3044



Kangarkar Mohini
AIR 3417



Bulbule Ratik
AIR 3363



Dande Pradnya
AIR 3478



Sayyad seema kausar



Alandikar Pratiksha
AIR 5853



Jadhav Madhav
AIR 6063



Gayakwad Pradnya
AIR 6169



Bandale Rushikesh
AIR 7234



Ingole Laxman
AIR 8920



Jadhav Akash
AIR 9250



Toradamal Seema
AIR 10821

CLASS TOPPER 2018-2019



Vaishnavi Jadhav
University topper
B Pharma IV year
79.61%



Shinde Rupali
B Pharma IV year
79.38%



Soni Shanatanu
B Pharma IV year
78.76%



Somani shital
B Pharma III year
84.79%



Kendre Pratima
B Pharma III year
82.85%



Bhosle Shital
B Pharma III year
82.08%



Gurme Supriya
B Pharma II year
86.23%



Bulbule Ritik
B Pharma II year
82.69%



HajareAmrata
B Pharma II year
82.46%



Patil Neha
B Pharma I year
84.20%



Pawar Shreya
B Pharma I year
83.65%



Suryawanshi Pooja
B Pharma I year
83.58%

TOPPER OF D.PHARM FIRST YEAR



Geeta Jadhav D.
82.55%



Pratiksha Chavan
78.46%



Pisal Harshada Satish
74.36%

NIPER RANKER 2019-2020



Kendre Pratima
190



Shital Somani
213



Pradnya Gaikwad
1354



Alandikar Pratiksha1537



jadhav madhav1445



Kangarkar Mohini 1836

ABOUT SOCIETY

The establishment of Dayanand Education Society, Latur, in May 1961 was a landmark in the annals of the history of education in the backward Marathwada Region of Maharashtra, which heralded a new era in the field of professional higher education which was rather an unfulfilled dream due to distant proximity and economic constraints. The founding fathers of the Society like Late Shri Manikraoji Sonavane, Late Shri Raja Narayanlalji Lahoti, Late Shri Chandrashekherji Bajpai, Late Shri Madanlalji Biyani, Shri Shantibhai Shah, Late Shri Nathmalji Innani, Late Shri Ranaba Mandade, Late Shri Ramgopalji Rathi, Late Shri Tamanappa Utage, Late Shri Keshavraoji Sonavane with the noble vision of disseminating knowledge to grass root levels, established a College of Arts, Commerce and Science, the foundation stone of which was laid by the auspicious hands of the then Governor of Maharashtra, His Excellency Shri Shriprakash. The incessant struggle and unceasing efforts of the philanthropic founders of the Society with the motto from the sacred text of Rig-Veda.....

‘Let noble thoughts come to us from all the directions of the Universe’. (Rig -Veda 1-89-1

Resulted in developing the humble pioneering College of Arts, Commerce, Science, Law and Pharmacy into the standards of a blooming mini University with six independent Colleges in a sprawling campus of 22 acres of land in the heart of the city of Latur. It is contextual at this juncture to mention that the present Management of the Society, Shri Laxmiramanji Lahoti as the President and Shri Rameshji Biyani as the Secretary and other devoted office bearers are contributing their might for promoting education to reach the peak of its glory.

About College

Dayanand education society's Dayanand college of Pharmacy was established in the year 2009 in the heart of city of Dayanand education Campus, Latur. By Dayanand education societies President Shri. Laximramn Lahoti and secretary Shri. Rameshji Biyani has making all efforts to impart the Quality Education.

Dayanand College of Pharmacy is affiliated to Swami Ramanand Teerth University, Nanded , approved by AICTE, PCI and is situated in pollution free sprawling campus spread over **22.5** acres, with the latest equipment, spacious air-conditioned smart lecture halls, computer lab and seminar hall along with good library facilities. DCOP has been successful in providing and maintaining high quality in teaching Pharmaceutical Sciences. The institution offers **B.Pharm.** (4 years), and **D.Pharm.** (2 years), course.

The college has committed itself to become a center for excellence in pharmaceutical education and research and be a leader in the field of pharmaceutical sciences including pharmacy practice with the objective of strengthening the healthcare of the country.

LOCATION:

The college is situated at a place which is in the heart of Latur, in a beautiful and spacious campus of 22.5 acres about 100 meters away from Shivaji Chowk and 1.5 km from Bus stand and 5.0 km from Railway station. As far education concerned Latur has some of the best colleges in Maharashtra attracting students from all over the state.



**Facultyt members with B. pharma final
year students**



**Faculty members with B. pharm Third
students**



**Faculty member with B. pharma Second
year students**



**Faculty staff members with B. pharm First
year students**

Dayanand Education Society, Barshi Road, Latur

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3	Shri. Lalitbhai Kasturchandji Shah	Vice President
4	Shri Rameshkumar Ramgopalji Rathi	Vice President
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6	Shri. Suresh Indrachandji Jain	Joint-Secretary
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25	Shri Ajinkya Arvindrao Sonvane	Member
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2	Shri Shashikant Balkrishnaji Kotalwar	Trustee
3	Shri Satishchandra Chandrakantbhai Chapsi	Trustee
4	Shri Vishal Laxmiramanji Lahoti	Trustee
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1	Shri Dnyanoba Nivrutti Shelke	Honorary Member
Ex- OFFICIO MEMBER		
1	Dr. Jayprakash S. Dargad	Ex-off. Member

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3	Shri. Lalitbhaiji Shaha	Member (Industry)
4	Shri. Rameshkumarji Rathi	Member (Social)
5	Shri. Rameshji Biyani	Secretary
6	Shri. Sureshji Jain	Member (Social)
7	Shri. Sureshji Bhattad	Member (Research)
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10	Mr. Sarda R.R. Ms. Tilkari S.U.	Criteria-VII (Institutional values and Best Practices)

ENGLISH SECTION



A changing Lifestyle & our Health

In the 20th century our daily routine has been changed drastically. Lifestyle is a way used by people, groups and nations and is formed in specific geographical, economic, political, cultural and religious text. Lifestyle is referred to the characteristics of inhabitants of a region in special time and place. It includes day to day behaviors and functions of individuals in job, activities, fun and diet. So I have highlighted some important points regarding our changing lifestyle.



- ❖ **Stress:** - It is created due to chronic health problems, financial crisis & heavy work load in personal work places like school, college, office, business etc. Personal desire, ambitions about money, qualification, designation, inadequate sleep, disturbed sleep cycle are some of the parameters for creating stress. To identify your true sources of stress, look closely at your habits, attitude, and excuses: Until you accept responsibility for the role you play in creating or maintaining it, your stress level will remain outside your control.
- ❖ **Addiction:** - As most of us especially youths more prone to various types of addictions like smoking, Alcohol, tobacco etc. We are very well aware about adverse effects like cancer, liver cirrhosis etc. but still we are helpless in most times due to ongoing culture like in the parties, get togethers, celebrations, etc. Most of us do addiction to relive stress created in daily routine but the mindset is wrong behind it & wasting of money & time. So somewhere there is need to control on our habits as it would result in the disturbance of our health & whole family.
- ❖ **Use of electronic media:** - In this 20th century we have adopted the new technology like use of Television, computer, mobile phones, Bluetooth devices, other electronic devices etc. It has been created one type of addictions due to use of especially

smartphones like online Games,online shopping, use of social media like whatsapp,facebook,instagram,twitter accounts,you tube,blogs,websites etc. Our children, youth is moving from real world to the hypothetical world. Mobile device overuse increases the risk of myopia (short-sightedness) like Frequent rubbing of the eyes,Excessive blinking,Tearing,Tilting of the head or squinting when reading or watching TV,Headaches from eye strain,Complaining of eye tiredness or double vision.It has been creating various health problems like mental disorders loneliness, depression, suicidal thoughts,etc. in the youth. There is no doubt that we need to update us with the current technology but Its use does not go beyond limit. We should reduce use of electronic media for eg- Have some fixed timings for use of such electronic media throughout a day.

- ❖ **Lack of exercise, yoga & meditation:-** Due to our daily busy schedule Most of us are unable to give time for physical activities like exercise,Swimming,walking,running, Jym, playing indoor & outdoor sports, etc.It has leads to increase in obesity, disturbed our physical fitness & mental balance. Definitely it will create common health problems after age of 30 like blood pressure, diabetes, cardiovascular diseases, disorders of the musculoskeletal system etc. Regular Yoga & meditation will helps in reduce stress level & increase self confidence level & concentration. So daily spare at least one hour time for physical exercise, Yoga & meditation for maintaining our good health.
- ❖ **Unhealthy food & malnutrition:** - As we are learning from school that ideal composition of diet is the balanced quantity of Carbohydrates, proteis, fats, vitamins & other nutritional supplements like antioxidants, fermented food.etc. Due to deficiencies & imbalance of vitamins, minerals & harmones like D3, sodium, potassium,calcium,iron,etc.in our body have been created disorder ofmuscoskeletal,osteoporosis,anemia,thyroid,kidney stones etc.Most of us drink Reverse Osmosis water which is deficient of essential electrolytes like sodium,potassium.calcium,phosphorous,etc.leads to create various health of problems. So it is suggested to drink water containing balanced quantity of all mineral components for e.g.Muncipal water. Presently due to current trends, western culture we are consuming more fast food containing heavy concentration of sugar, salt, colourants, pigments, organic dyes,preservatives,etc. For eg.birthday cakes. Definitely It has been lead to gain obesity among youth generation. It is truth that presently due to heavy use of pesticides on crop, fruits & vegetables currently we are unable to take healthy food. We should try our best to get a healthy diet containing the following ingredients: Fruit,vegetables,milk,legumes (e.g. lentils and beans), nuts and whole grains (e.g. unprocessed maize, millet, oats, wheat and brown rice).Might most of us have very well known that how immunity plays important role in such COVID-19 pandemic situation. So there is a need to take healthy & nutritional food supplement to improve our immunity.
- ❖ **Other parameters:-** Substance & medication abuse, application of modern technology, More exposure to radiations like Ultra-violet,infra microwave, X- rays &

radiofrequency waves, harmful chemicals, solvents, dyes, reagents & heavy pollution have increased chances of cancer in this 20th century. Human behavior is adopting violence instead of silence due to heavy impact of negative news getting daily from different resources like through Television, social media, newspaper, magazines, group discussions, etc.

- ❖ **Conclusion & future prospectus:** - Lifestyle-related diseases are on the rise in our country. These preventable chronic diseases are the outcome of our unhealthy choices. Besides, the lives of citizens face with new challenges like Current COVID19 Pandemic, struggle for existence. For instance, emerging new technologies within IT such as the internet and virtual communication networks, lead our world to a major challenge that threatens the physical and mental health of individuals. From all parameters I specially wanted to quote here that satisfaction is the more prominent thing which can help to come out from this complicated world. We have to decide that where to take full stop & how? If still we are trying to disturb planet then situation will be worsened day by day. As I know life age was 100 years but now it has come to 70 years & next generation age is in our hand. So be aware with our responsibility, save our lives & the earth.



Mr. Lohiya G.V.

Assistant Professor

Department of Pharmaceutical Chemistry
Dayanand College of pharmacy, Latur.

Do you Know father of all discipline?

- *Father of Biology_ Aristotle.
- *Father of Modern biology_Linnaeus.
- *Father of Antibiotics_ Alexander Fleming.
- *Father of Taxonomy_ Carolus Linnaeus.
- *Father of Immunology_ Edward Jenner.
- *Father of Microbiology_Antoni Van Leeuwenhoek.
- *Father of Medical microbiology_ Robert Koch.
- *Father of Pathology_ Rudolf Virchow.
- *Father of Bacteriology_Robert Koch.
- *Father of Virology_ WM stanley.
- *Father of Genetics_GJ Mendel.
- *Father of Modern Genetics_TH Morgan.
- *Father of Biodiversity_EOWils.
- *Father of Genetic Engineering_Paul Berg.
- *Father of Ayurveda_Charka.
- *Father of Polio Vaccine_Jonas Salk.
- *Father of Homeopathy _Hahnemann.
- *Father of Green Revolution_Norman Borlaug.
- *Father of medicine_ Hippocrates.



*Geeta Anawade
B.Pharm Third year.*

ECLIPSE OF 2020



In 2020, the Earth is going to experience four eclipses that is their will be two eclipses of the moon, and two eclipses of sun, and no traits of mercury. Three of the eclipses will be visible from parts of North America.

The important dates of eclipses in 2020:

10-11 Jan 2020 --	Penumbral Lunar Eclipse
5 - 6 June 2020 --	Penumbral Lunar Eclipse
21 June 2020 -	Annular Solar Eclips
4 - 5 July 2020 --	Penumbral Lunar Eclipse
29-30 Nov2020--	Penumbral Lunar Eclipse
14 Dec 2020 --	Total Solar Eclipse

There are two kinds of eclipses one is solar and the another is lunar, the solar eclipse happens when the moon gets in the way of the sun's light and casts its shadow on Earth. That means during the day, the moon moves over the sun and it gets dark. There are between 2 and 5 solar eclipses every year, each one visible only in limited area.

The Lunar Eclipse happens when the moon moves into the Earth's shadow .This can occur only when the Sun, Earth, and moon are exactly or very closely aligned, with earth between the other two. A Lunar Eclipse can occur only on the night of a full moon. There are between two lunar eclipses every year.

Totally eclipsed moon is sometimes called a BLOOD MOON.

Probably each and every eclipse has A effects on zodiac signs and mostly the horoscopes and the eclipse both are CO-ORDINATED with each other. There are many impacts according to Eclipse 2020.

Effects of Eclipse 2020 on various Zodiac Signs:

Arise (Mesh) :eclipse affecting the fourth house of Arise may make them remain more attentive to domestic affairs.

Taurus (Vrishabh) :The eclipse will take place in the third house for Taurus. However, the effects of the eclipse may not have much negative impact on Taurus.

Gemini (Mithuna) : The eclipse will be taking place in the second house for Gemini. The second house is indicative of finance and family.

Cancer (Karka) : As the eclipse will take place in your own sun sign some health issues may arise for Cancer natives.

Leo(Sinha) : As the eclipse will occur in the twelfth house for Leo natives they may face a major financial crunch.

Virgo(Kanya) : With the occurrence of the eclipse in the eleventh house of Virgo natives ,excessive monetary gains may make them financially stable.

Libra(Tula) : For Libra, the eclipse will occur in the tenth house which governs occupation, Profession , and fame.

Scorpio(Vrishchik) : The eclipse will take place in the ninth house for Scorpio.

Sagittarius(Dhanu) : As the eclipse takes place in the eighth house for Sagittarius, health concerns may see a rise.

Capricorn(Makar) : The eclipse will take place in the opposite house of your sun sign.

Aquaris(Kumbh) : The sixth house of Aquarius native will get affected by the eclipse.

Pisces(Meen) : The occurrence of the eclipse in the fifth house for Pisces



The new moon Eclipse indicates that eclipses are gateway of change: ancient people considered them strong omens; they equally feared and revered them. They believed that, during eclipse season, portals to other dimension opens: the veil between worlds become thinner, travelling to other plans becomes easier; transformation can be fast and radical.

Eclipse season is so wild. Time feels like it's wrapped. You look back on the last week and it feels like it was month ago. Rapid change occurs. Destined and fated events unfold. The inevitable letting go and moving on the only way out is through the only direction is forward.

We are blessed with an amazing energy this season, there are three marvelous summer eclipses and this is no coincidence. We are heading towards great shifts in our lives, we are rewriting our karma.

*Vaishnavi Kadwade
B pharmacy First year*

What is India?

Delhi is majesty
Bangalore is beauty
Bengal for waiting
Panjab for fighting....
Ahmedabad for mills
Nagaland for hills
Hariyana for grain
Tamilnadu for brain....
Chennai for cooking
Kashmir for looking
U.P for population
Kerla for education....
Gujrat for wealth
M.P. for health
Himachal for wines
Bihar for mines....
Maharashtra for learning
Andhra for working
India for everything.....



*Bansode O. L.
D.pharm-IInd year*

The Teacher I am looking for...

You are the one who can do this
Saying to each and to be confident
Making to believe and every student
You may be the teacher I am looking for



Everyone has a great mind
With great thoughts and a heart kind
Making to believe in yourself
Advising everyone and seeking help
You may be the teacher I am looking for

Instead of scolding for what marks we score
Coming near to say you can score
Making subjects interesting by the way of teaching
Giving us the wonderful joy of learning
“You are the teacher we are looking for”

Garad Prajka
B.pharm Final year

Natural Drug: Cardamom

Cardamom is a very important natural home medicine we use in our daily life in our spices

English—Lesser cardamom, cardamom

Hindi— Chhotielaichi

Gujarati - Elachi

Punjabi—Illachi

Marathi— Velloda

Sanskrit—Prithweeka, chundruvala, ela

About the cardamom Tree:

This is a tall herbaceous perennial, with branching subterranean rootstock, from which arise a number of upright leafy shoots, 5-18 feet high, bearing alternate, elliptical or lanceolate sheathing leaves, 1-3 feet long



Flowers borne in panicles 2-4 feet long, arising from the base of vegetative shoots; panicles upright throughout their length or upright at first and ultimately pendent or prostrate; flowers about 1.5 inches long, white or pale green in colour with a central lip streaked with violet, borne in a close series on the rachis

Flowers borne in panicles 2-4 feet long, arising from the base of vegetative shoots; panicles upright throughout their length or upright at first and ultimately pendent or prostrate; flowers about 1.5 inches long, white or pale green in colour with a central lip streaked with violet, borne in a close series on the rachis

World production of cardamom:

By the early 21st century, Guatemala had become the largest producer of cardamom in the world, with an average annual yield between 25,000 and 29,000 tonnes. The plant was introduced there in 1914 by Oscar Majus Kloeffer, a German coffee planter. India, formerly the largest producer, since 2000 has been the second worldwide, generating around 15,000 tonnes annually.

Uses of cardamom:

It is a common ingredient in Indian cooking .Both forms of cardamom are used as flavourings and cooking spices in both food and drink, and as a medicine. E. cardamomum (green cardamom) is used as a spice, a masticatory, and in medicine; it is also smoked.

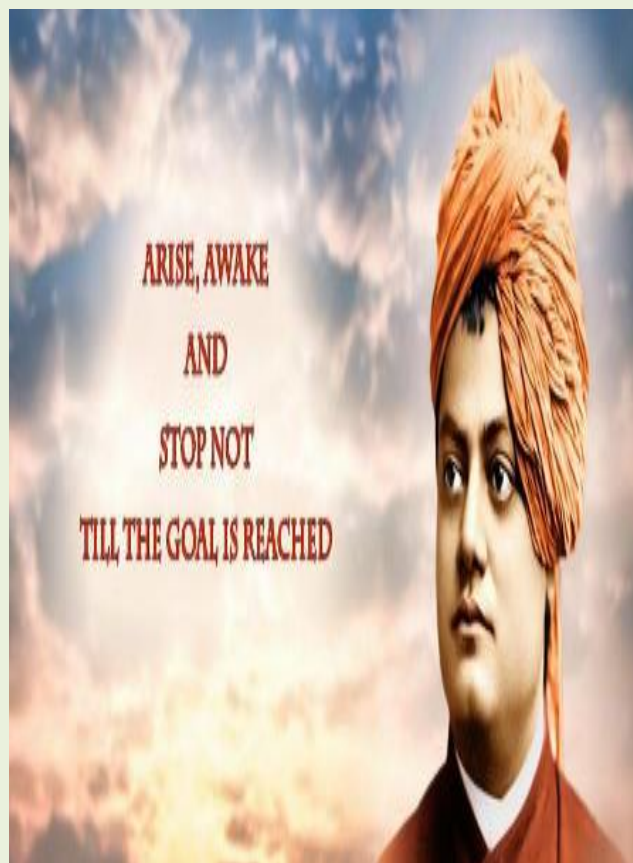
Pharmaceutical used:

- Antioxidant and Diuretic Properties May Lower Blood Pressure. ...
- May Contain Cancer-Fighting Compounds. ...
- Protect from Chronic Diseases Thanks to Anti-Inflammatory Effects. ...
- May Help with Digestive Problems, Including Ulcers. ...
- May Treat Bad Breath and Prevent Cavities. ...

*Panchal P.G.
D. Pharm First year*

The Life

In your life if you think
You can't do anything
Then try to do something.
In your life if no one
Comes with you
Then try to make
Someone with you.
In your life if you are
In heavy rain
Then only you no
The value of shade.
In your life if the
Conditions are not with you
Then try to make
The conditions with you
In the Life of you want
To win something
You have to lost
Everything for it.
In your life don't forget that
The process of
Winning and losing
Is the true life.



***Bansode O.L.
D.pharm-IInd year***

ABOUT DAYANAND COLLEGE OF PHARMACY

D-Discovered a new Pharmacy in 2009

A-Amazing principal and teachers.

Y-Youthfulness.

A-Aptitude varieties.

N-Noble and novel.

A-Adverting students.

N-Nurtured with love.

D-Disciplined.

C-Confident teachers.

O-Obedient students.

L-Love and care.

L-Learning.

E-Energetic.

G-Guidance and
goodness.

E-Effort and ethusiastic.

O-Opportunity.

F-Fight to warrier.

P-Passionate and
patients.

H- Hardwork and
honesty.

A-Ambitious.

R-Responsibilities.


M-Marvel.

A-Always

C-confident and
capacious.

Y-Young-At-Heart.



THANK YOU 

*Shaikh Nehanaaz Riyaz
B pharm third year*



Life

Life is a long cut
Make it Shortcut.
Life is a twist
So make it mix

Life is mixed
Make it sweet
Nothing is easy
Try to make it easy
Life is short
So make it sweet

*Nanajkar Saurabh
D.pharm Second year*

Treat your self with Yoga...



Life always moves towards perfection. Just like how water flows down and fire goes up, the nature of life is to move towards perfection, to move towards something bigger and something higher. Often people say that the mind is wavering, but the mind is not wavering. The mind is the wave. It is moving towards something. It is moving towards a higher joy. If you get a little joy, you want some more joy. This is because the mind always moves towards something bigger and something higher.

Right from school days, what is it that you want? You want to get a higher grade. Which student does not want to get a higher grade? Which artist does not want to perform better? Which scientist does not want to reach the peak? Which engineer does not want to build something beautiful? So wanting perfection is in the nature of human beings. The mind wants to move towards something higher, and the way to achieve it is Yoga.

Yoga Helps You Get Out Of Misery

If you are miserable, yoga helps you get out of your misery. If you are very restless or unhappy, yoga brings you that equanimity. It first relieves you from misery and then brings you equanimity.

Yoga also helps you attain skills that you do not have. The word for qualification in Sanskrit is Yogyata, which means that which has come out of yoga. It is action that brings you happiness or sorrow. And if you are skillful in action, then your action will only bring you happiness, or less misery. So with yoga, one attains Relief from sorrow Equanimity Skill in action. Yoga Helps You Expand Your Vision

There is a fourth step to Yoga, which is to take you to the ultimate knowledge.

Our misery is when we don't open our eyes and see the vastness of the life. Misery means short vision. Yoga is expanding your vision - taking your eyes to the higher truth. If your mind is filled with fog, then your perception of life is very foggy. If your mind is filled with anger, you will find that everybody is mocking you. You will find that everybody is against you. You project yourself to people, situations, and the world around you. That is what you do. All the time we are projecting ourselves. Seldom are we able to see the reality the way it is. That is why Yoga is important.

Again, yoga is not just doing some exercises. Yoga has been mistaken as just asanas. It is not. It is the expansion of consciousness. It is an emotional integration, a spiritual elevation with a touch of mysticism, which gives you a glimpse of something which is beyond all imagination. It is the connection to what we are.

If you look at a baby, a baby does all the Yoga postures. But not only that, the attitude of a baby, the way it breathes, its perceptual ability or sharpness, and its ability to stay in the present moment (all the qualities of a Yogi), a baby expresses. So, Yoga should not be limited or misunderstood as just some exercise. It is a holistic development, expression and connection of human life.

Yoga Brings You Peace, Yoga is a complete science. It unites body, mind, spirit and the universe. Yoga brings that much needed and longed for peace and ecstasy in every individual. Not only that, it also makes such a difference in one's behavioral pattern, thought pattern, and one's attitude. For a sane life these days, yoga is almost indispensable. If you want to be sane, sensitive, sensible, strong and intuitive, you have to follow Yoga.

Prof. Naresh Halke

Department of Pharmaceutics.
Dayanand College of Pharmacy, Latur.



Life is challenge----**Meet it**
Life is gift—**accept it**
Life is an adventure—**Dare it**
Life is a sorrow - **Overcome it**
Life is a tragedy—**Face it**
Life is duty—**Perform it**
Life is game - **Play it**
Life is mystery—**Unfold it**
Life is song—**Sing it**
Life is opportunity—**Take it**
Life is journey - **Complete it**
Life is promise—**Fulfill it**
Life is love—**Enjoy it**
Life is a beauty - **Praise it**
Life is Spirit - **Release it**
Life is struggle—**Fight it**
Life is puzzle - **Solve it**
Life is goal - **Achieve it**

About Life from Geetha

Mr. Mahesh J Birajdar
Asst. Professor
Department of Chemistry.



A smile

A smile is quite a funny thing,
It wrinkles up your face,
And when it's gone
You'll never find
It's secret hiding place.

But far more wonderful it is
To see what smiles can do.
You smile at one.
He smiles at you,
And so one smile makes two.

A face that cannot smile is never good
Smile increases your face value
Prayers increases your life value
When you smile, not only you feel happy
But you bring a ray of light into the lives of the others
Some times a smile can be like a drop of water in a desert.

Mr. Wadulkar R. D.

Coronavirus Disease 2019 (COVID-19)

ABSTRACT

Coronavirus disease 2019 (COVID-19) is an infectious disease caused by the virus "Severe Acute Respiratory Syndrome Coronavirus - 2" (SARS-CoV-2). SARS-CoV-2 is a respiratory system targeting virus which produces severe pneumonia. COVID-19 mainly spreads through close person-to-person contact where infected people come in contact with other uninfected people and also by touching hands on the surface where the virus is located and then touching hands with eyes, nose or mouth. At present, globally 1, 91, 87,943 cases of COVID-19 have been confirmed while 7,16,075 death were occurred. Currently, there is no vaccine or specific drug therapy is available to prevent or treat the COVID-19 infection. The possibility of vaccines and some appropriate drug therapies are under investigation. Therefore, for current situation preventive actions are more important to avoid COVID-19.

KEYWORDS: COVID-19, SARS-CoV-2, 2019-nCoV, Pneumonia

INTRODUCTION

Since a cluster of unknown pneumonia patient was found in December 2019 in Wuhan city, China, a novel *Betacoronavirus*, which was provisionally named "2019 novel coronavirus" (2019-nCoV) on 7th January 2020 by World Health Organization (WHO). Coronavirus disease 2019 (COVID-19) is an infectious disease caused by the virus "Severe Acute Respiratory Syndrome Coronavirus - 2" (SARS-CoV-2) previously identified as "2019 novel coronavirus" (2019-nCoV). ICTV announced SARS-CoV-2 as the name of the new virus on 11th February 2020. This name was selected because the virus is genetically related to the coronavirus responsible for the SARS outbreak of 2003. While related, the two viruses are different. By following guidelines of World Organization for Animal Health (OIE) and the Food and Agriculture Organization of the United Nations (FAO), WHO announced "COVID-19" as the name of this new disease on 11th February 2020

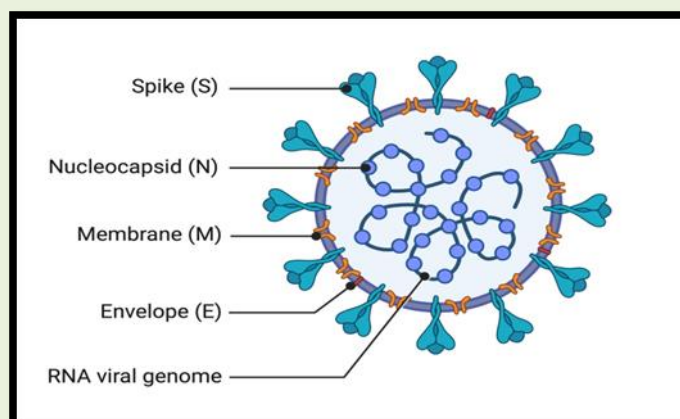
HISTORY

Coronavirus disease was first observed in 1931, with the first coronavirus (HCoV-229E) isolated from humans in 1965. Until the appearance of severe acute respiratory syndrome in late 2002, only two human coronaviruses were noted in 1965; HCoV-229E and HCoV-OC43. After the identification of the SARS coronavirus (SARS-CoV), two other human coronaviruses were identified. There are three groups in coronavirus: Group 1 (HCoV-229E and HCoV-NL63), Group 2 (HCoV-OC43 and HCoV-HKU1), and Group 3 (still no human CoV). SARS-CoV is more important for all three groups, although some place it in Group 2.

STRUCTURE

Coronaviruses virion contains three main structural proteins: an extremely large S (200 K) glycoprotein (for spike) which forms a large peplomer (15-20 nm) found in a viral envelope, an unusual transmembrane glycoprotein (M) and internal phosphorylated nucleocapsid protein (N). In addition, there is an E minor transmembrane protein and some

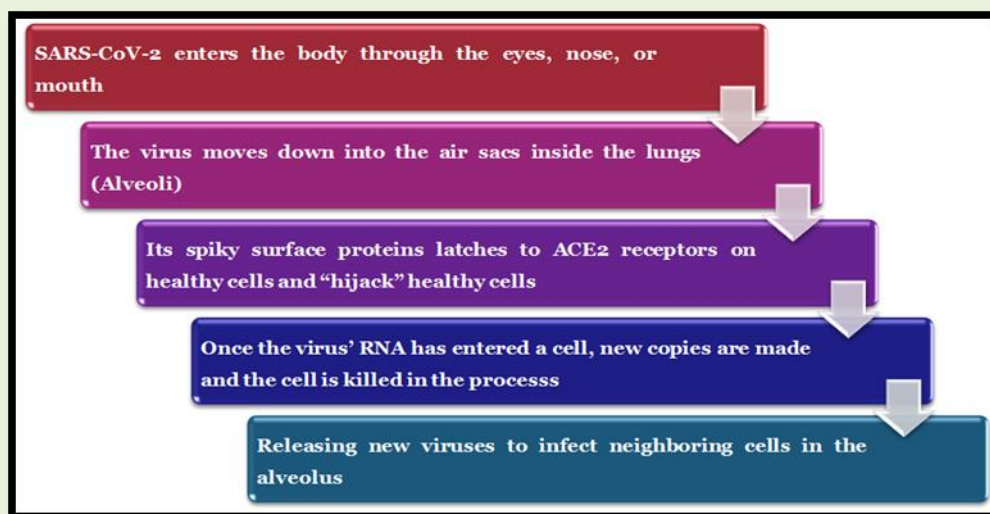
coronaviruses contain additional envelope proteins with hemagglutination- esterase (HE) functions.



TRANSMISSION

COVID-19 is believed to be spread mainly through close person-to-person contact in respiratory droplets by an infected person often having symptoms of the disease. Some people are infected without symptoms that may spread the virus. It is possible for someone to get COVID-19 by touching the surface or object where the virus is located and then touching their mouth, nose or eyes.

PATHOGENESIS



CLINICAL MANIFESTATION

Symptoms

The period from onset of COVID-19 symptoms to death ranged from 6 days to 41 days with a median of 14 days. Symptoms of covid-19 infection appear after an incubation period of approximately 5.2 days. This period depends on the age of the patient and the state of

the patient's immune system. Common symptoms at onset of illness were fever, cough, and shortness of breathing; less common symptoms were phlegm production, headache, haemoptysis, and diarrhoea.

Diagnosis

The diagnostic procedures have been suggested for patients with suspected infection that nucleic acid detection [real-time reverse transcription polymerase chain reaction (rRT-PCR) test], CT scan, Immune identification technology [point-of-care testing (POCT)] of IgG/IgM and enzyme linked assay.

PREVENTION AND TRATMENT

Presently, there is no vaccine is available to prevent coronavirus disease 2019 (COVID-19). The best way to prevent disease is to avoid contracting this virus. To prevent infection and slow down the transmission of COVID-19 wash your hands regularly with soap and water for at least 20 seconds or clean with hand-based alcohol, keep at least 1 meter away from you and the person who coughs or sneezes, avoid touching your eyes, nose, and your mouth with unwashed hands. Cover your mouth and nose when you cough or sneeze. Stay home if you don't feel well. Do not smoke and other activities that weaken the lungs. Practice physical distancing by avoiding unnecessary travel and away from large groups of people. Clean and disinfect surfaces that are touched daily such as tables, door handles, light switches, countertops, handles, tables, telephones, keyboards, toilets, taps and sinks.

Presently, there is no specific vaccine or antiviral drug is available to prevent coronavirus disease 2019 (COVID-19). The best way to prevent disease is to avoid contracting this virus. First-line treatment for fever includes antipyretics such as acetaminophen, while expectorants such as guaifenesin can be used for cough. Remdesivir gained emergency use authorization (EUA) from the FDA on 1st May 2020 based on preliminary data showing a faster time to recovery of hospitalized patients with severe disease. Remdesivir is considered to be the most promising antiviral agent; it works by inhibiting the activity of RNA-dependent RNA polymerase (RdRp). Another excellent anti-influenza drug favipiravir is also being evaluated clinically for its efficacy in patients with COVID-19. The combination of hydroxychloroquine (200 mg TID) and azithromycin (500 mg on day 1, followed by 250 mg OD on days 2 to 5) is another promising alternative treatment of COVID-19 patients which shows excellent clinical efficacy. Avoiding non-steroidal anti-inflammatory drugs, ACE inhibitors or angiotensin II type 1 receptor antagonists are recommended for COVID-19 patients. Hydrocortisone may be prescribed for treatment of refractory shock in patients with COVID-19.

Mr. Manke M.B.
Assistant Professor,
Department of Pharmacology,

Pharmacy: At a glance



Pharmacy has emerged as one of the most popular fields of study in India after the expansion in the healthcare sector. If you are looking forward to making a career as a Pharmacist or in the related fields there are an ample number of Pharmacy courses. Depending upon your acumen and interest you can opt for Diploma Courses in Pharmacy or UG Courses in Pharmacy and PG Course in Pharmacy known as M.Pharm.

Pharmacy as a subject stream can be defined as the branch of science that will deal with the preparation, doses, dispensing and effects of medicines. It is the interconnection of Medicine, Biology, and Chemistry.

Pharmacists' main responsibilities include dispensing and managing medications, educating patients about the correct drug usage and possible drug side effects, and also in managing the health-care and well-being of patients and customers. Pharmacists should have knowledge in handling the medications for patients in general and also follow the laws pertaining to the prescribed medication i.e. safe and effective medicine with minimum cost.

Pharmaceutical Industry in India

India is the largest provider of generic drugs globally with supply over 50% of the demand across the globe. India has a large number of scientists and engineers who have the potential to take the industry to an even higher level. Pharmaceutical exports from the country include bulk drugs, drug formulations, herbal products, surgical and biologicals.

The compounded annual growth rate of the Indian pharma industry is 15% which exhibits significant growth opportunities. It is also expected that the pharma companies will continue to focus on improving operational efficiency and productivity in order to

provide better service to the customers. The companies are expected to exhibit the growth phase through alliances and partnerships.

Scope of Pharmacy

A career in the pharmaceutical sciences is full of opportunities. The following are some of the options a pharmacy professional can venture into:

- 1. Research and Development:** The pharmacy industry is an industry that thrives on research and development. **M.Pharm** and **Ph.Ds** are always in high demand for research on new drugs, formulation, development, clinical trials, and also Toxicological Studies.
- 2. Production and Manufacturing:** The career options for working in the pharmaceutical company for production and manufacturing department are at most. For manufacturing of not only drug, cosmetics, biotechnological products, surgical devices but also medical devices and equipment. One can start his/ her own venture or work for someone. One can start his own manufacturing unit after completion of pharmacy education.
- 3. Analysis and Testing:** Analysis and testing are required in the pharmacy industry especially in order to maintain proper Quality control (QC) and Quality Assurance (QA). Highly skilled staff is required for the same by companies to handle sensitive analytical dealings and sophisticated equipment.
- 4. Regulatory Bodies:** There are the various regulatory authorities for controlling and regulation of pharmaceutical products. FDA is the regulatory body that deals with the governance and implementation of rules and regulations for the Drug and Pharmaceutical industry. The post of a Drug Inspector, Assistant Drug Controller, Deputy Drug Controller, Drug Controller of state and finally Drug Controller General of India (DCGI).
- 5. Hospitals:** Although it has been a trend in the United States or Canada, it is one that seems to be gaining momentum in India as well. The pharmacists in hospitals are the best-informed individuals for drug prescription. In most western countries, the diagnosis is done by the Doctors but the pharmacists decide the medicines and

their dosage. Therefore, Pharmacy graduates play a vital role and can earn attractive remunerations, as well as occupy strategic positions in their careers.

6. Master of Pharmacy (M.Pharm) is one of the most chosen career courses in India. Over the last few years, many students have opted for pharmacy as their career choice due to the rapidly growing pharmaceutical and medical sciences industry. There are many globally recognized colleges and universities in India that provide admission to the M.Pharm course.

The duration of the M.Pharm course is 2 years which has 4 semesters. M.Pharm course deals with analysis, testing and researching of drugs for the disease which is caused to the human body. There is a huge job scope for this course as the demand for M.Pharm graduates is immense. The modernization of the Pharmaceutical industry has made a huge impact on the development of the medical field. M.Pharm course can help establish career as a Pharmacist.

Admission to the M.Pharm course is done on the basis of entrance tests. Some universities take national level entrance test scores for admission to M.Pharm whereas many consider state level exams for admissions.

- ❖ **GRADUATE PHARMACY APTITUDE TEST (GPAT)** is a national level entrance examination for entry into M.Pharm programmes. Till 2018, it was conducted by All India Council for Technical Education (AICTE) every year as per the directions of Ministry of Human Resource Development (MHRD), Government of India. The Test will now be conducted by the NTA. This test facilitates institutions to select suitable Pharmacy graduates for admission into the Master's (M.Pharm) program. The GPAT is a three hour computer based online test which is conducted in a single session. The GPAT score is accepted by all AICTE-Approved Institutions/University Departments/Constituent Colleges/Affiliated Colleges. A few scholarships and other financial assistance in the field of Pharmacy are also given on the basis of the GPAT score
- ❖ **Graduate Aptitude Test in Engineering (GATE)** is a national examination conducted jointly by Indian Institute of Science (IISc) Bangalore and seven Indian Institutes of Technology (IITs) at Bombay, Delhi, Guwahati, Kanpur, Kharagpur, Madras and Roorkee on

behalf of National Coordination Board (NCB)-GATE, Department of Higher Education, Ministry of Education (MoE), Government of India. GATE examination is a Computer Based Test (CBT).

- ❖ **NIPER** - NIPER institution conducted this exam which comes under one of the top-ranked colleges in India. But before that students need to clear the GPAT or GATE exam then only they can appear in the entrance exam conducted by **NIPER**. NIPER Joint Entrance Exam (NIPER JEE) is a national level entrance exam conducted by NIPER (National Institute of Pharmaceutical Education and Research). NIPER JEE is conducted to assess the skill of candidates who are seeking admission in the field of pharmacy for various post-graduate and doctoral courses. The candidates who have cleared the NIPER JEE Entrance Examination will then appear for NIPER JEE Counselling process. Only qualified candidates will be able to download the counselling letter of NIPER JEE.

Entrance Exams for Foreign Universities to Consider While Planning For Abroad Study

- 1. GMAT:** The GMAT refers to the Graduate management admission test designed specifically for those interested in applying for MBA or business management graduate programs. It is a valid and reliable predictor of academic performance in today's graduate management classrooms. The test is geared toward looking at aptitude and ability, not just your knowledge. More than 5,400 programs offered by more than 1,500 institutions in over 110 countries use the GMAT as part of the selection criteria. It is accepted by countries like India, UK, US, Canada, Australia etc.
- 2. GRE:** The GRE or Graduate Record Exam is taken by students applying to graduate school in countries like the USA, the UK, Australia, etc. It is accepted by thousands of universities around the world. This exam measures a student's basic abilities in math, reading and essay writing. The results of this test are sent to graduate schools along with a student's application, transcripts, letters of recommendation, and statement of purpose essay.

3. **IELTS:** IELTS or International English Language Testing System, is a standardised English proficiency examination taken by non-native speakers going to English speaking countries to study, work or live. IELTS is jointly owned by IELTS Australia, British Council, and Cambridge English Language Assessment Test. It is recognized by more than 9,000 organizations all around the world including educational institutions, employers, governments and professional bodies. To serve different purposes there are two types of IELTS examination: Academic and General.
4. **LSAT:** Law School Admission Test is a graduate exam that is taken by students applying to law schools in countries like the USA, Canada, etc. The exam is designed to check if you are made for the courtroom. It measures skills that are considered important for a career in law. Different sections of the exam evaluate abilities like information management and the ability to draw inferences from it, the ability to think critically, comprehend complex texts and evaluate the reasoning and arguments of others.
5. **TOEFL:** TOEFL refers to the test of English as a foreign language which evaluates a candidate's proficiency in English. Because it is a valid and reliable test with unbiased, objective scoring, the TOEFL test confirms that a student has the English language skills necessary to succeed in an academic setting. More than 8,500 colleges, universities, and agencies in 130 countries accept TOEFL scores. It is administered at more than 4,500 test centres in 180 countries. More than 27 million people have taken the test since it began in 1964.
6. **SAT:** SAT is taken by students going to the United States for undergraduate courses. The purpose of the SAT is to provide colleges with one common data point that can be used to compare all applicants. College admissions officers will review standardized test scores alongside your high school GPA, the classes you took in high school, letters of recommendation from teachers or mentors, extracurricular activities, admissions interviews, and personal essays.

- 7. ACT:** The full form of ACT is American College Testing. The ACT is a standardized test that is administered by the non-profit ACT to ascertain the college readiness of a high school student. It was introduced as a competitor to the SAT in 1959, and the two tests closely mirror each other in their objective (serving as a reliable indicator of college preparedness for high school students) and the framework adopted to achieve that objective. Since the last 5 years, both ACT and SAT are accepted by almost all major universities for undergraduate admissions in the US.
- 8. MCAT:** Medical College Admission Test (MCAT) is mandatory for getting into medicine in the United States. The MCAT is a multiple-choice test that is designed to evaluate the examinee's aptitude and knowledge about relevant subjects. MCAT is a standardised and reliable mode of evaluating the millions of medical students who aspire to study in the USA every year.

*Mr. Wadulkar Raghunath D.
Department of pharmacology, Latur*

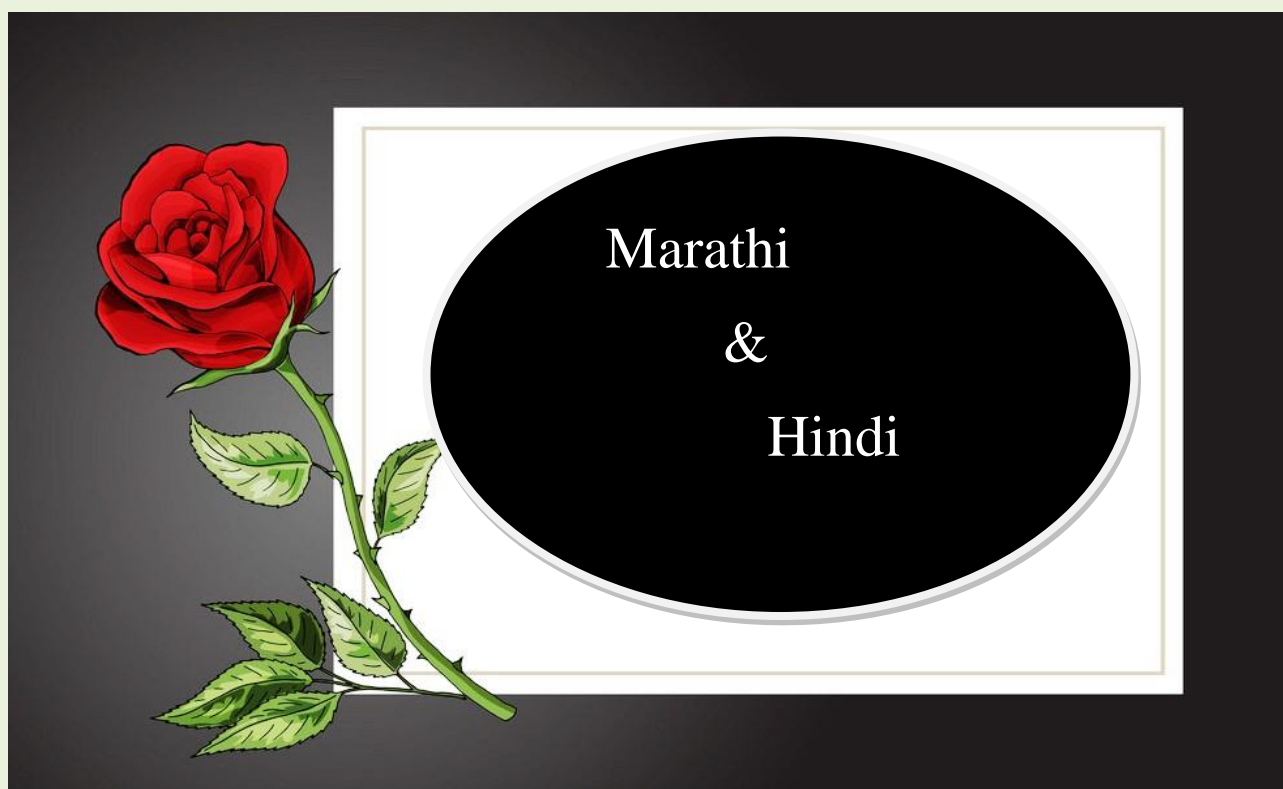
Specialization in Pharmacy

SPECIALIZATION COURSES IN PHARMACY		
Clinical Pharmacy	Pharmaceutical Chemistry	Quality Assurance
Pharmacognosy	Pharmaceutical Technology	Pharmaceutical Marketing Management
Pharmacy Practice	Pharmaceutical Analysis and Quality Assurance	Phytopharmaceuticals and Natural Products
Pharmacology	Pharmaceutics	Drug Discovery and Development
Industrial Pharmacy	Biopharmaceutics	Bulk Drugs
Drug Regulatory Affairs	Medicinal chemistry	

Job Opportunities in Pharmacy

The various job roles under the field of Pharmacy are tabulated below:

Job Roles in Pharmacy	
Chemical/ Drug Technician	Pathological Lab
Drug Therapist	Pharmacist
Bio-Technology Industries	Scientist
Drug Inspector	Research Officer
Health Inspector	Research and Development
Hospital Drug Coordinator	Making prescription to patients
Administrative posts	Marketing Professional
Quality Control Officer	
Job Roles in Pharmacy	
Chemical/ Drug Technician	Pathological Lab
Drug Therapist	Pharmacist
Bio-Technology Industries	Scientist
Drug Inspector	Research Officer
Health Inspector	Research and Development
Hospital Drug Coordinator	Making prescription to patients
Administrative posts	Marketing Professional
Quality Control Officer	



आई

जगण्याच्या धडपडीत,
घर सुटतं पण...
आठवणी कधी सुटत नाहीत...
आयुष्यातील आई नावाचं पान...
काहीही झाल तरी कधीच मिटत नाही ...
तळहाताचा पाळणा करून सांभाळते
ती आपल्याला...
आपल्या आयुष्यात आनंदाचा...
नेहमीच खुलवते ती मळा
आपण तरी विसरलो...
तरी माया तिची कधी घटत नाही...



आयुष्यातल आई नावाच पाण ...
काहीही झाल तरी कधीच मिटत नाही
...
तीच्या आखेरच्या श्वासापर्यंत...
तीला आपलाच जळा असतो...
आपलं भलं व्हावं...
हयातच तीचा जगण्याचा सोहळा
असतो...
तीच्या पंखाखली मन निवांत असते...
आयुष्यातल आई नावाच पान...
काहीही झाल तरी कधीच मिटत नाही...
कधीच मिटत नाही...

अनवडे गीता
बी. फार्मसि तृतीय वर्ष

प्रवास

Syllabus जरा जास्तच आहे.
दरवर्षी वाढतो,
Chapters पाहून passing चा
Problem मनात दाटतो,
तरी Lectures सुरू राहतात,
डोक्यात काही घुसत नाही.
चित्र विचित्र फिगर शिवाय,
Board वर काही दिसत नाही.
तीतक्यात कुठून तरी Function ची
Date जवळ येते
वर्षातील काही दिवस
नकळत चोरून नेते
नंतर Lectures Extra घेवून
भराभर शिकवत राहतात
Theory Practical सांगून
Syllabus लवकर संपवु पाहतात
पुन्हा हात चालु लागतात



मन चालत नाही
सरांशिवाय वर्गामध्ये
कुणीच बोलत नाही
Lectures संपवून practical
सुरू होतो पुन्हा वेळ
Journal Complete करण्यामध्ये
फार जातो वेळ
चक्रे डोक्यासमोर Syllabus
चुटकी सरशी संपुन जातो
वर्षभर वाचुन सुध्दा
Paper का वर कोराच राहतो.

जाधव महेश
बी फार्मसी त्रितिया वर्ष

जगून पहा

धडाक्याचा गजर
रोजच साखरझोप उडवतो
एक दिवस गजर विसरून
साखर झोपेत निजून पहा.
शाळा कॉलेज तर रोजचेच आहेत,
पण एखादया दिवशी सर्व लेक्चर्स बुडवून
निसर्गाच्या शाळेत रमून पहा.
फेसबुक, व्हॉट्सअप वर रोजच चॅट करतो

एक दिवस मित्रांशी कट्ट्यावर दिलखुलास गप्पा मारून पहा.
वर्गामध्ये ती तीला रोज चोरून बघता,
आज जर्णलच्या बहाण्याने तिच्याशी थोड बोलून पहा.

बोचरी थंडी, गार वार
आशात कधी आईस्क्रीम खाल्लय?
वेडेपणा वाटेल पण करून पहा.
मावळतीचा सुर्यप्रकाश
कधी पाहीला आठवतय?
वेळ काढून मावळत्या सुर्याला
डोळ्यामध्ये साठवून पहा.



आणखी एक मीत्रहो
या सर्वातुन वेळ मिळाला तर
थोडा अभ्यासही करून पहा.
घडयाळाच्या काट्यावर
रोजच धावता
एक दिवस घडयाळ विसरून
थोड जगून पहा...

जिवन जगत असताना

मी मरून जाईल, तेव्हा मला जालू नकोस
आयुष्यभर जळतच होतो आणखी चटके देवू नकोस
जेव्हा माझा अंत होईल, तेव्हा मात्र रडू नकोस
जन्मभर रडतच होतो शेवटी रडणे एकवू नको
माझ्या शरीराच ओझे तू खांदयावर घेवू नकोस
आयुष्यभराचे ओझे मी वाहीले, उपकाराचे ओझे देवू नकोस
माझ्या निष्पाप देहावर तू फुले वाहू नकोस



माझ्या वेदनांचा गंध, फुलांच्या गंधात देडवू नकोस
माझ्या देहाच्या मातील नमस्कार तू करू नकोस
आयुष्यभर पायाखाली तूडवलास, शेवटी पाया पडू नकोस

शेते पूजा शिवणार
डी. फार्मसी प्रथम वर्ष

बाप

बाप म्हणजे बाप असतो
बाप म्हणजे बाप असतो,
घराला आधार देणारा खांब असतो
बाप म्हणजे बाप असता.
कधी मित्र तर कधी डोक्याला ताप असतो,
बाप म्हणजे बाप असता.
मुलांच्या स्वप्रांच्या प्रवासाची जहाज असतो,
बाप म्हणजे बाप असता.
संसाराचा गाढा ओढणारा देवमाणूस असतो,
बाप म्हणजे बाप असता.



मुलांची मुर्ती घडविणारा कलाकार असतो,
बाप म्हणजे बाप असता.
सर्वस्वी त्याग करणारा मुतीमंद संत असतो,
बाप म्हणजे बाप असता.
घराच अस्तित्व आणि संयमाचा घाट असतो,
बाप म्हणजे बाप असतो.
त्याचा खास असा दिवस नसतो,
प्रत्येक दिवस हा त्याच्यामुळेच असतो.

शेठे पूजा शिवणार
डी. फार्मसी प्रथम वर्ष



आयुष्य एक कोड आहे
ते प्रत्येकाला सुटत नाही
इथे प्रत्येक गोष्ट झगडून भेटते
फुकट काहीच मिळत नाही
तारे तेच आहेत
पण प्रत्येक रात्र नविन आहे
आयुष्य फक्त एकदाच का?
हा प्रश्न जरा कठीन आहे
आपला म्हणून चालवून घ्याव लागत
कारण फण कधीच वयाची तक्रार करत नाहीत.
आयुष्य हे असच असत कारण
कधीकधी दिवादेखील शांत होत नाही
अशा या जगात नेहमीच प्रेम वहाव
कधीतरी स्वतः च्या प्रेमात पडाव
कारण इथुन तर जायच प्रत्येकाला आहे
मग निदान दोन एव तरी आनंदाने जगाव

जाधव महेश
बी. फार्मसि तृतीय वर्ष

Covid 19 में जीवनशैली



बगीचों के पुल का पानी दिए बिना वह खिलती नहीं।
घर से बाहर निकलोगे नहीं तो कोरोना आएगा नहीं।
हमेशा सपना आता था, की कुछ ऐसा हो और हमे छुट्टीयाँ मिले, लेकिन कभी नहीं लगा था की सपना वह सच होगा, सपना सच हुआ लेकिन अनेक समस्याओंके साथ, हर साल की तरह नया साल आया, लेकिन अपने साथ वैश्विक महामारी Covid-19 साथ लाया, इससे छुट्टीयाँ तो मीली साथ में जान बचाना Mission हुआ। दुरीयाँ रखो घर से बाहर मत जाओ और मास्क लगाना तो जीवनशैली बन गई। यह दुनिया थम सी गई हो मन में डर बैठ गया कुछ इनमेंसे अपने जान से होथ धो बैठे, इन्हीं के वजह से लोगो की जापन बचती है।

लोग अपने अपने घर पलायन किए, कीतनी समस्याओं के साथ झुंझकर वो अपनी मंजील की औरबढते थे। कामकाज ठप्प होने की वजह से कई लोगो की भुक्मारी होने लगी, यह एक वैश्वीक महामारी बन गई जौसे दिन बितने लगे कोरोना के मामले सामने आने लगे। लोगोका घर में बैठकर मानसीक स्वास्थ्य बिघड गया। आत्महत्या जौसी घटनाए सामने आने लगी। एक के बाद एक lockdown, के बाद अब unlock प्रक्रीया पुरे देश में शुरू हो गई। वौसे कोरोना मामले बढणे लगे, कोरोना हमे स्वच्छता का पाठ पढाने लगा। और अपनी जीवनशैली में सुधारना हमे है।

किसी भी समारोह में अब भिड नहीं होती, यह उसका अच्छा परीनाम है। काम की वजह से लोग परीवार में समय बिता नहीं पाते थे। उनके अपनो को उन्होंने समय दिया, अपने आपसे वह अवगत हुए। खुद की खुबियाँ जाननेका समय मिला। मानो कोरोना आपणी भारतीय संस्कृती से मीलना चाहता है। स्वच्छता दुराई होकर भी अपने पणका एहसास यह एक मुश्कील घडी अवश्यक है। लेकिन इसमें भी अच्छाई ढुंडनी चाहिए। संयम से काम लेकर फासला बनाकर खुद को बचाना होगा। हमे संकल्प करके इसे हराना है। साधा खाना और उच्च विचार यही तो हमारी संस्कृती है। इसी का पालन करना है।

उस्तुर्गे पूजा

बी फार्मसी फायनल इयर

हे भारत के राम जगो मै तुम्हे जगाने आया हूँ. - रामधारी सिंह दिनकर।

हे भारत के राम जगो, मैं तुम्हे जगाने आया हूँ,

सौ धर्मोंका धर्म एक, बलिदान बताने आया हूँ।
सुनो हिमालय कैद हुआ है, दुश्मन की जंजीरों में
आज बतादो कितना पानी, है भारत के वीरो में,
खड़ी शत्रु की फौज द्वार पर, आज तुम्हे ललकार रही,
सो ये सिंह जगो भारत के, माता तुम्हे पुकार रही।
रण की भेरी बज रही, उठो मोहनिद्रा त्यागो,
पहला शीष चढ़ाने वाले, माँ के वीर पुत्र जागो।
बलिदानों के वज्र दंड पर, देशभक्तकी ध्वजा जगे,
और रण के कंकण पहने है, वो राष्ट्रभक्त की भुजा जगे॥

अग्नि पंथ के पंथी जागो, शीष हथेलीपर धरकर,
जागो रक्त के भक्त लाडले, जागो सिर के सौदागर,
खप्पर वाली काली जागे, जागे दुर्गा बर्बडा,
और रक्त बीज का रक्त चाटने, वाली जागे चामुंडा।
नर मुंडो की माला वाला, जगे कपाली कैलाशी,
रण की चंडीघर घरनाचे, मौत कहे प्यासी प्यासी,
रावण का वध स्वयं करूँगा, कहने वाला राम जगे,
और कौरव शेष न एक बचेगा, कहने वाला श्याम जगे॥

परशुराम का परशु जगे, रघुनन्दन का बाण जगे ,
यदुनंदन का चक्र जगे, अर्जुन का धनुष महान जगे,
चोटीवाला चाणक्य जगे, पौरुष का पुरषमहान जगे
और सेल्यूकस को कसनेवाला, चन्द्रगुप्त बलवान जगे।
हठी हमीर जगे जिसने, झुकना कभी नहीं जाना,
जगे पद्मिनी का जौहर, जागे केसरिया बाना,
देश भक्ति का जीवित झण्डा, आजादी का दीवाना,
और वह प्रताप का सिंह जगे, वो हल्दी घाटी का राणा॥

दक्खिन वाला जगे शिवाजी, खून शाहजी का ताजा,
मरने की हठ ठाना करते, विकट मराठो के राजा, छत्रसाल बुंदेला जागे, पंजाबी कृपाण जगे,
दो दिन जिया शेर के माफिक, वो टीपू सुल्तान जगे। कनवाहे का जगे मोर्चा, जगे झाँसी की रानी,
अहमदशाह जगे लखनऊका, जगे कुंवरसिंह बलिदानी,

कलवाहे का जगे मोर्चा, पानीपत मैदान जगे,
जगे भगतसिंह की फांसी, राजगुरु के प्राण जगे॥
जिसकी छोटीसी लकुटी से (बापू), संगीने भी हार गयी,
हिटलर को जीता वे फौजे, सातसमुन्दर पार गयी,
मानवता का प्राण जगे, और भारत का अभिमान जगे,
उस लकुटि और लंगोटी वाले, बापू का बलिदान जगे।
आजादी की दुल्हन को जो, सबसे पहले चूम गया,
स्वयं कफ़न की गाँठ बाँधकर, सातों भावर घूम गया,
उस सुभाष की शान जगे, उस सुभाष की आन जगे,
ये भारत देश महान जगे, ये भारत की संतान जगे॥
क्या कहते हो मेरे भारत से चीनी टकराएंगे ?
अरे चीनी को तो हम पानी में घोल घोल पी जाएंगे,
वह बर्बर था वह अशुद्ध था, हमने उनको शुद्ध किया,
हमने उनको बुद्ध दिया था, उसने हमको युद्ध दिया।
आज बाँधा है कफ़न शीष पर, जिसको आना है आजा ओ,
चाओ -माओ चीनी- मीनी, जिसमें दम हो टकराओ
जिसके रण से बनता है, रण का केसरिया बाना,
ओ कश्मीर हड़पनेवाले, कान खोल सुनते जाना॥
रण के खेतों में जब छायेगा, अमर मृत्यु का सन्नाटा,
लाशों की जब रोटी होंगी, और बारूदों का आटा,
सन सन करते वीर चलेंगे, जो बामी से फन वाला,
फिर चाहेरा वल पिंडीवाले हो, या हो पेकिंगवाला।
जो हम से टकराएगा, वो चूर चूर हो जायेगा,
इस मिट्टी को छूने वाला, मिट्टी में मिल जायेगा,
मैं घर घर में इन्कलाबकी, आग लगाने आया हूँ,
हे भारत के राम जगो, मैं तुम्हे जगाने आया हूँ॥

राज सेंगर
बी फार्मसी फायनल इयर

स्त्री पुरुष समानता

असमानता हे अनेक समस्यांच मुळ आहे. परंपरेने चालत आलेल्या चुकीच्या संकल्पना नाकारून, नवीन

आणि योग्य विचार पद्धती स्वीकारणार असाल तर हा लेख तुमच्यासाठी....

भविष्याच्या वृक्षाची पाळे मुळे भूतकाळात रुजलेली असतात अस म्हणतात, स्त्री पुरुष समानतेच्या मुल्यावर जगत असलेला, प्रत्येकाच व्यक्तिस्वातंत्र्य जपणारा समाज अस भविष्य साकारण्यासाठी आपण सर्वांनी सक्षमपणे वाटचाल करायला हवी, स्त्री पुरुष समानता स्विकारायला हवी.

स्त्री सक्षमीकरण आणि स्त्री सुरक्षा हे दोन्ही विषय स्त्री पुरुष समानतेशी संलग्न आहेत अस मला वाटत .काही घरांमध्ये मुलांना वाढवताना तुला 'ती' च्या पेक्षा जास्त मोकळीक आहे अस वागण्या बोलण्यातून सांगितल जात, ती सुरुवात असते मी जास्त आणि ती कमी ही भावना रुजण्याची, यातून निर्माण होणारा मोकटापणा चुका आणि गुन्हे करण्यास कारणीभूत ठरतो. अशा चुकांना बळी पडू नये म्हणून काही मुलींच्याच जगण्यावरबंधन येतात.

*सुरुवात तुझ्या तून होते,जेव्हा तू मरणा धडकून येते

तरीही तुझ्या सामर्थ्यावर आंधळे पण शंका घेते

नको हिरमुसून जाऊया तर्कहिन गोंगाटाने

तू फुलण्यासाठी आलीस, अधिक निसर्गाने*

वरच्या ओळी माझ्या अशा मैत्रिणींसाठी ज्यांना अस मानता टोचणी मारत आहे पण समाज मनावर असणारा असमानते चा पगडा हे दुखणं व्यक्त होऊ देत नाही. आता मात्र प्रत्येकीने मनाला प्रामाणिक होऊन उत्तर देण्याची संधी द्यायला हवी, असमानतेच्या दबावाखाली दडलेला मनाचा तर्कशुद्ध आवाज ऐकायला हवा ,मुक्त व्हायला हव मोकटा रूढींच पोषण थांबवण्यासाठी. नाकारायला हव हुंडा देण- घेण अशा अवजड परंपरांमुळे तीची भ्रूण हत्या होण. स्वाभिमान जपायला आणि स्वतः साठी जगायला शिकायला हव घरकाम शिकण्यासोबत. अजूनही काही घरांमध्ये स्त्री या शेवटी जेवण करतात ,स्त्री दाक्षिण्य स्त्रि यांच्या आरोग्यावर देखील गंभीर परिणाम करत आहे कुपोषण, रक्तक्षय, हाडांचे विकार अशा अनेक रोगांना स्त्रीया बळी पडत आहेत. स्वतःला पुढारलेला समाज म्हणवून घेताना आजही फक्त मुलीलाच स्वयंपाक, घरकाम या विषयी विचारल जात मग भले ही ती कमवती असो , अस का....? स्वच्छता आणि स्वयंपाक हे मुलभूत जिवन कौशल्य आहेत, मुलगा असो की मुलगी दोघांना ही यायला हव.

इटकर प्रणाली .

बी फार्मसी दुतिय वर्ष

आई

कुणीच नाही माझे..आई
करूनेचे तळहात पोरके आई
अकांत श्वासात, शांतता कुजबूज टाळे माझे..आई
ना शून्य आसपास, काळोख मावळे माझे..आई



असे जवळ असे दूर भावडे अंतराळ माझे..आई
कुणीच नाही माझे..आई
करूनेचे तळहात पोरके आई
असेल-आहे-असनार, कुणी शब्द गाळले माझे..आई
अपराध असा परमेशाचा का? तेज लोपती माझे..आई
अभेद्य चौकट अश्रुंची, चीत्र पुराणे माझे..आई
कुणीच नाही माझे..आई
करूनेचे तळहात पोरके आई

सय्यद अवेज
डी. प्रथम वर्ष

माझी आई

जेव्हा तारे विझू लागत,
तेव्हा भोंगे वाजु लागत
पोंग्याच्या दिशेने वळत
रोज दिंडया जात चालत
झपाझप उचलील पाय
मागे वळून बघीत जाय
ममतेनी जाई सांगत
नका बसु कोनाशी भांडत
वर दोन पौसे मिळत
दज्याच्या आदल्या दिनी
जाई पाचांसह घेवूनी
फिरू आम्ही आराम बघत
साज्या खात्यातून हुंदडत
किती मजा म्हणून सांगु
शब्दसाठे झालेज पंगु
भिंगज्या पेपेटे घेवून
फुग्यांचे पतंग झोकून
जात असु पक्षी होवून
एक दिवस काय झाले
तिला गाडीतून आनले
होते तीचे उघडे डोळे
तोंडातून रक्त भळभळे
जोडीवालीन तीची साळु
जवळ घेत म्हणाली बाळू



मिटीमीटी पाहत होते
माझे छात्र शोधत होते
आम्ही आई शोधीत होतो
त्याच रात्री आम्ही पाचांनी
एकमेकास बीलगुनी
आईची मायाच समजुन
घेतली चादर ओढुन
आधिचे नव्हतेच काही
आता आई देखील नाही
अश्रुंचा घालीत अडसर
जागत होतो रात्रभर
झालो पुरते कलंदर.

साने शंतनू
बी. फार्मसी तीतया वर्ष

दरवर्षी वाढतो

Chapters पाहुन passing चा

Problem मनात दाटता.

तरी Lectures सुरू राहतात

डोक्यात काही घुसत नाही.

चित्र विचीत्र फिगर शिवाय

Board वर काही दिसत नाही.

तीतक्यात कुठुन तरी Function ची Date जवळ येते

वर्षातील काही दिवस

नकळत चोरून नेते.



नंतर Lectures Extra घेवुन

भराभर शिकवत राहतात.

Theory Practical सांगुन

Syllabus लवकर संपवु पाहतात

पुन्हा हात चालु लागतात.

मन चालत नाही

सरांशिवाय वर्गामध्ये

कुणीच बोलत नाही.

Lectures संपवुन practical

सुरू होतो पुन्हा वेळ

Journal Complete करण्यामध्ये

फार जातो वेळ

चक्रे डोक्यासमोर Syllabus

चुटकी सरशी संपुन जातो.

वर्षभर वाचुन सुध्दा

Paper का बर कोराच राहतो.

साने शंतनू

बी. फार्मसी तीतया वर्ष

ध्येय कधी सोडू नको

ध्येय कधी सोडू नको
नेको जगाकडे बघु
असा लाचार होऊन
हिसा तुझा सुध्दा आहे
पहा डोळे भिडवून
तूझे तुला मीळनार
जरा ठेव हे ध्यानात
नको घाई घाई करू
नशिबाला दे उसंत
नको विसंगु कोठेही
तूझे काम कर तुच
आल्यावर योग्य वेळ
भाग्य शोधेल तुलाच
मनासारखे आपल्या
नसते सदा घडत



नसायचे का म्हणून
मुळूमफळू रे रडत
जीव ओतून तू तूझे
काम कर अविश्रांत
तूला नकार देण्याची
मग कुणाची बिशाद
नको करू हाजी हाजी
तू कोण सोम्या गोम्याची
तूच आहेस स्वयंभु
नको गुलामी कुणाची
जरा बघ रे ठेवून
स्वतःवर तू विश्वास
यश तुझे तुझ्या दारी
मिरवेल हमखास

वागे ज्योती
डी. फार्मसी प्रथम वर्ष

जिवनातील उद्दिष्टे



जशी व्यक्तींची नावे वेगवेगळी असतात तशी त्यांची उद्दिष्टे वेगवेगळी असतात उद्दिष्टे शिवाय माणसाचे जिवन म्हणजे होक्कायंत्राशिवाय हजाज होय कारण होक्कायंत्रामुळे दिशा कळू शकते. वेगवेगळ्या व्यक्तींची वेगवेगळी उद्दिष्टे असतात. उद्दिष्टे किंवा महत्वाकाक्षा नेहमीच चांगलीच असतील असे नाही. मणुष्य लोभी व स्वार्थी बनतो तेव्हा उद्दिष्टे एक साधन बनते दुसऱ्यांच्या खर्चाने मणुष्य आपल्या जीवनातील स्थान उंचावतो तेव्हा त्याला दोष दिला पाहीजे परंतु ते उद्दिष्टे साध्य करण्यासाठी दुसऱ्यांची सेवा बजावतो किंवा दुसऱ्यांचे मन न दुखविता तो स्वताच्या स्वच्छेने तेव्हा त्या उद्दिष्ट्यांचे महत्व असते. उद्दिष्टे हे मोठ्या मानसांना एक पायासारखे असते.

वागे ज्योती

डी. फार्मसी प्रथम वर्ष

बाबा

असा का रे बाबा तु
कितीही थकलास तरी
का नाही चिडत तु
तु माझ्या भावना कधीच व्यक्त करत नाहीस
तुझ माझ्यावर प्रेम
कधीच बोलुन दाखवत नाही
तुझा कुठलाही त्रास
एक लेकच समजु शकते

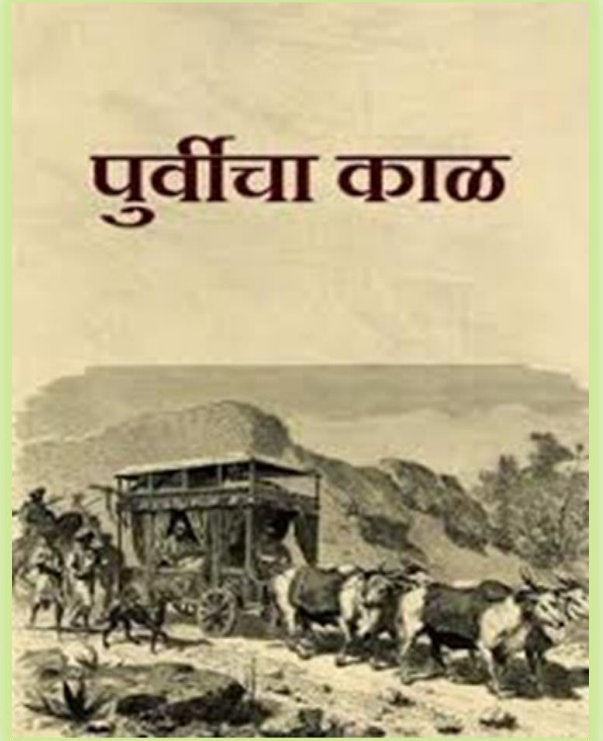
तु कीतीही नाही बोललास
तरी तुझ मन मीच वाचु शकते
तुझी शिकवण
मला आजही अठवते
तुझ्यासोबत घालवलेला प्रत्येक क्षण
मी रोजच जगत असते
रोज येते रे बाबा
तुझी अठवण मला
तुझी लेक आता मोठी झाली
हे कळतेय ना रे तुला



राठोड स्वप्नाली संजय
डी.फार्म प्रथम वर्ष

पुर्वीचा काळ

पुर्वीचा काळ बाबा,
खरच होता चांगला
साधे घर साधी मानसं,
कुठे कुठे होता बंगला
घर जरी साधेच पण,
माणसं होती मयाळु
साधी राहणी चटणी भाकरी,
देवभोळी आणि श्रध्दाळु
सख्खे काय चुलत काय
सगळे आपलेच वाटायचे
सुख असो दुःख असो,
आपुलकीने भेटायचे
श्रीमंती जरी नसली तरी
एकट कधी वाटल नाही
खिसे फाटके असले तरीही ,
कोणतच काम रूकल नाही,
चिरबंदी वाडे सुध्दा
खळखळुन हसायचे
निवांत गप्पा मारत माणसं,
ओसरीवर बसायचे
तुम्हीच सांगा नात्यामध्ये



राहीला आहे का राम
भावाकडे बहिणीचा हो,
असतो का मुक्काम.
प्रेम, माया, अपुलकी हे,
शब्द आम्हाला गावतील का?
बौठकीच्या सतरंजीवर,
पून्हा पाहुणे मावतील का ?
हॉल , किचन, बेड मध्ये ,
प्रदर्शन असत वस्तुंच,
का बर विसर्जन झाल
धणुलपणाच्या आस्मीच.

शेठे पूजा शिवहारी
डी. फार्मसी प्रथम वर्ष

ना उमेद मी कधीच नव्हते

ना उमेद मी कधीच नव्हते
ना उमेद मी कधीच नव्हत
आडात नाही ते पोहज्यात शोधत होते
आणि हातात नसतानाही गावभर हींडत होते
हृदयात असुनही देवळात जात होते, आणि
दगडा समोर डोके फोडून जखमी मात्र होत होते
तरीही जगण्यासाठी डोळेझाकुन काहीतरी शाधत होत
डोळे झाकण्याची चुक माझीच असतानाही
टेचाळणज्या दगडालाच रागावत होते
प्रयत्न अपुरे असतानाही दैवावरच डाफ रत होते
पण भाळरीपणाणे गोंजारलेल्या माझ्याच लहरी
मनाला आता मी सुनावनार आहे
की ना उमेद मी कधीच नव्हते.

वीर ऐश्वर्या
बी. फार्मसी प्रथम वर्ष

यशस्वी बुद्धिमत्वाची गुरूकील्ली

व्यक्तीमत्व विकास हा शब्द आजकाल बराच प्रचलीत आहे. भरदार देहयष्टी रूबाबदार कपडे असेल म्हणजे व्यक्तीमत्वाची छाप पडते असा समाज हा बहुतांश चुकीचा आहे यशस्वी जीवनासाठी ज्या गोष्टी अवश्यक असतील त्यांचा अंगीकरण करणे ज्या गोष्टीमुळे अडथळे येत असतील त्याचा त्याग करणे हे आपल्याला जमवता आले पाहिजे.

सुप्रसिद्ध विचारवंत लियो टॉलस्टायने म्हणटले होते की, मानवाकडे असलेल्या बुद्धिमुळे तो अधिक बुद्धिमान होतो. प्रयत्नात त्याला यश नावाचे फळ चाखायला मिळते. सर्व बुद्धिमान व्यक्ती यशस्वी असतातच असे नाही मात्र सर्व प्रयत्नशिल व्यक्ती जरूर यशस्वी होतात. प्रयत्नामुळे अशक्य ते शक्य होते. बुद्धिला प्रयत्नांची जोड मिळाली तर मिळणारे यश दैदिप्यमान ठरते. खरच हे अस नसते तर आपण सर्व जन सर्वच क्षेत्रात यशस्वी झालो नसतो.



पुढे येणाऱ्या युगात परिक्षेत मिळणारे गुन विद्यापीठांच्या पदव्या किंवा सुवर्ण पदकांना फारशी किंमत असणार नाही. त्याऐवजी किंवा त्याच्या जोडीला जे गुन अवश्यक राहतील तेच यशस्वी जीवनासाठी किंवा व्यक्तीमत्व विकासासाठी आधारभूत ठरतील, या पुढच्या युगात टीकायचे असेल तर आत्मविश्वासासलप पर्याय नाही आपल्याला आत्मविश्वास नसेल तर आणण्याचे आणि तर वाढविण्याचे मार्ग शोधने अवश्यक आहे.

शेवटी एक गोष्ट लक्षात ठेवण्याची अवश्यक आहे. यश हे केवळ व्यक्तीक जिवनापुरतेच मर्यादीत नसते. जी व्यक्ती केवळ स्वताचा विचार करते तिचे व्यक्तीमत्व विकसीत आहे असे म्हणता येणार नाही.

आपण या समाजाचे घटक आहोत, समाजाचेही काही भले व्हावे अशी भावना मनात रुजली तरच व्यक्तीमत्व विकासाची प्रक्रीया पूर्ण झाली असे म्हणता येईल.

वीर ऐश्वर्या
बी फार्मसी प्रथम वर्ष

स्त्री भ्रूण हत्या

आज मुलगी घराबाहेर पडु लागली

ती सावीत्रीमुळे

आज मुलगी शिकु लागली

तर सावीत्रीमुळे

आज मुलींना जो मान मिळतो

तो केवळ सावित्रीमुळे

प्रत्येकाला एक बहीन हवी आहे, आई हवी आहे, बायको हवी

आहे, मौत्रीन हवी आहे मग मुलगी का नको ? मुलगा

ज्याप्रमाणे आई वडीलांचा आदर ठेवत नाहीत , त्याप्रमाणे

मुलगी करत नाही.

वंशाचा दिवा म्हणुन का विझवतात पणतीला आहे का ? नाही देन जगण्याचा अधिकार दिवस सरला रात्र सरली सोडा जुने विचार या तेजस्वी पणतीचा कराना स्विकार आईच्या पोटात मुलगी कळवळुन म्हणत असते.

सांग ना ग आई मला कोण वाचवणार

तुझ्याविना जन्मास मला कोण घालणार

दुनियेचा रंग मला कोण दाखवणार

सांग..... तुझ्या.....

होईन मी जेव्हा शिकुनी शहानी

होईन मी पाखरू मारीन भरारी

सांग..... तुझ्या.....

राखीपोर्णीमा येईल गं माझ्या दादाला

राख्या दोन दोन बांधीन

कुंकवाचा टीळा कपाळी लावणार

सांग..... तुझ्या.....

होईन मी जेव्हा राज्याची राणी गाळु नको डोळयात पाणी

दुरदुर गेल्यावरती बाबा रडणार

दुरदुर गेल्यावरती आई रडणार

सांग ना ग आई मला कोण वाचवणार

तुझ्याविना जन्मास मला कोण घालणार



मुलगी आपल्या आईच्या पोटात म्हणते बाबा आई मला मारू नका मला वाचवा मी तुम्हाला त्रास देणार नाही आई तुला जास्त राबविनार नाही.शाळेतून आल्यावर सगळे काम करेण मी मुलगी आहे म्हणून तुला भार वाटत असेल तर तस मुळीच वाटु देवु नको.

मला वाटते प्रत्येकालाच बहीन असावी मोठी असो वा छोटी असो जर असली तर कान ओढनारी लहान बहीन चुकल तर माफ कर दादा म्हणणारी राखीपोर्णीमेला दादा काय टाक नार हे ठरवायला अधीच हौसेने राखी पसंद करून आणणारी म्हणुनच म्हणते मुलगी वाचवा देश वाचवा जेव्हा जेव्हा जन्मास येते मुलगी सुख समृद्धी आणते मुलगी बाबांच्या आश्रुंची तर सावली आहे मुलगी म्हणूनच म्हणते मौत्रीनीनो/बहीनीनो जर आपल्याकड कोणी बोट केल तर हात कापुन फेकुन देवु आपल्याला वाटत कोणी आल तर त्याला तेथेच ठेसु एवढी जिद्द आपल्यात असायला पाहीजे.आपल्या सोन्यासारख्या बापाला चार मानसात खाली मान घालुन चालाव लागेल अस कधीच वागु नका. मी म्हणते आधीच्या इतिहासात तर स्त्रीयांचे जिवन चुल आणि मुल यातच गेले आपल्यासाठी जिवनयातना भोगणाऱ्या क्रांती ज्योती सावित्रीबाई फुले यांच्यामुळेच आज मुली प्रत्येक क्षेत्रात काम करू लागल्या याच नुसार आपल्याला चालायच आहे.

सुर्याचा प्रकाश मिळाला म्हणून आंधारात साथ देणाऱ्या दिव्याला विसरू नका ज्या व्यक्तीने आपल्याला घडविले त्यांना शेवटच्या श्वासापर्यंत विसरू नये. स्त्रीभुन हत्या थांबलीच पाहीजे. क्रांती ज्योती सावित्रीबाई फुले यांना अभिवादन करून माझे चार शब्द संपावते. जय हिंद जय महाराष्ट्र.

पतंगे पियुष सतीश
डी. फार्मसी प्रथम वर्ष





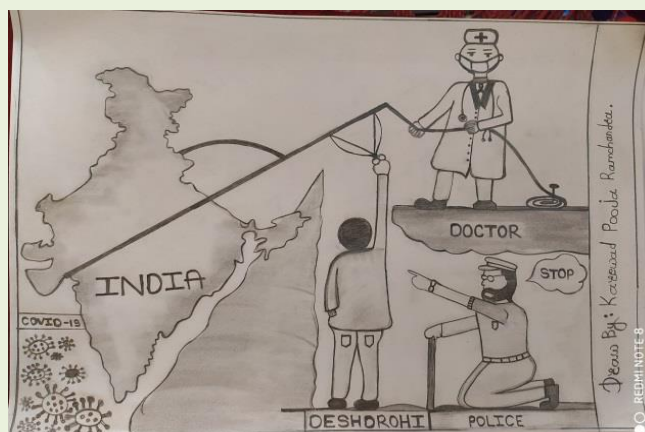
Mihir Chandratre
D.pharm First year



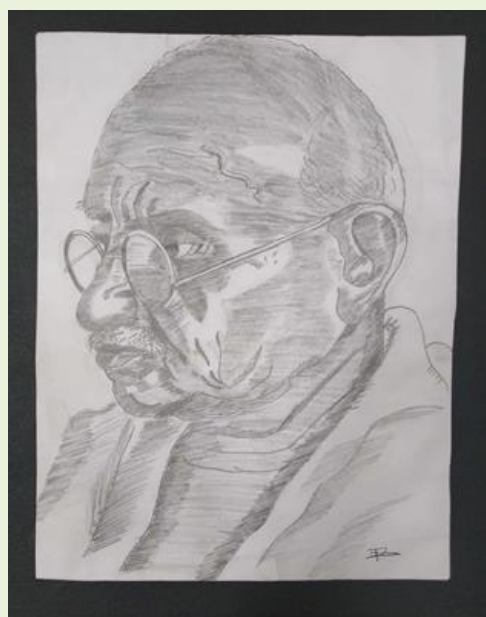
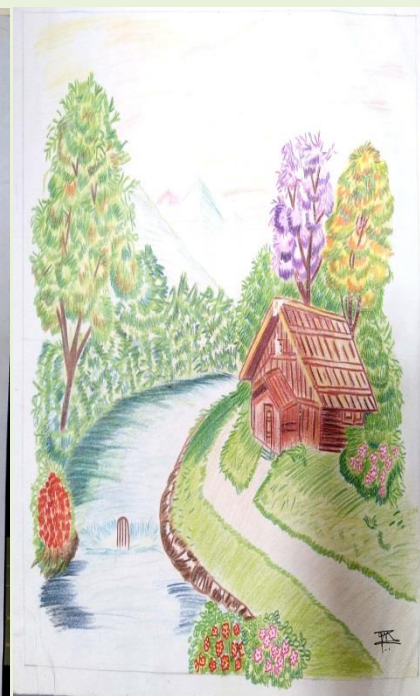
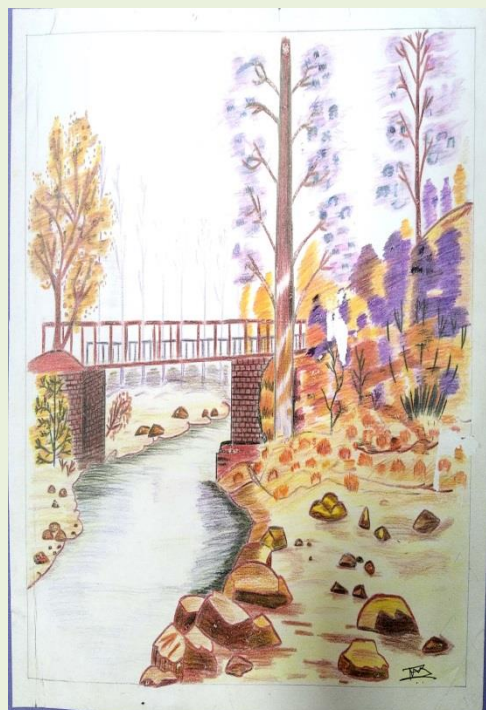
Omshree Bansode
B.pharm Second year.



Vidhya Ramesh Rathod
D.pharm fist year



Pooja Karewad
B.pharm First year



Purva Zunjarrao
D.pharm Second year



Jayraj Jadhav
D.pharm first year



खुद से जितने की जीद है, मुझे
खुद को ही हराणा है। मैं भीड़
नहीं हू दुनिया की, मेरे अंदर
एक जमाना है।

Pratiksha Chavan
D.pharm second year



Ram Shukla
B.pharm Final year



Abhshekh Powar
B.pharm Final year



Neha Suryawanshi
B.pharm Final year



Sagar Pradnya
B.pharm Third year



Kasat Yash
B.pharm Final year



Swati Wawdhane
B.pharm Final year

NSS ANNUAL REPORT 2019-2020

Sr.no	NSS Activity	Date
1	Tree Plantation	24/08/2019
2	Kolhapur, Sangli, Kerala Flood Relief Donation	27/08/2019
3	Yuva Mahiti Dhoot	28/08/2019
4	Blood Donation Camp	25/09/2019
5	Free Health Checkup Camp for the devotee of Tuljapur and Renapur Pilgrims	04/10/2019 05/10/2019 06/10/2019
6	Swachta Abhiyan	11/10/2019
7	Awareness program on tuberculosis	15/10/2019
8	Awareness and demonstration on Cardiopulmonary resuscitation technique	16/10/2019
9	Marathi language conservation fortnight	13/01/2020
10	Pulse Polio Drive	19/03/2020

- On the occasion of Vanmohatsav week **“Tree Plantation”** drive was organized by NSS unit of Dayanand College of Pharmacy, on Saturday 24th of august 2019 where 100 plants of different species were planted by the 50 NSS volunteers at Venkatesh Residency, Malwati road road Latur, under the presence of Principal Mrs. Satpute K.L, other staff members respectively. The event was successfully conducted under the guidance of NSS Incharge Mr. Waghmare R.S. and other NSS Volunteers.

- NSS Unit from Dayanand College of Pharmacy organized **“Kolhapur, Sangli, Kerala Flood Relief Donation”** wherethe entire state of Maharashtra and Kerala was been rampaged by the torrential rains and landslides since August 2019. Submerging several

villages and cities, the floods have crippled and damaged normal life and services. In such situation NSS volunteers decided to arrange a fund relief for those needy peoples and collected fund of 550 rupees from college and donated to the government of Maharashtra chief relief fund via Google Pay and participated in this noble cause. From staff members 1000 rs each has been donated to the flood relief donation campaign.

- **“Yuva Mahiti Dhoot”** an awareness program on different government schemes, facilities provided through the mobile application to the students, businessman, and common peoples was conducted on 28th of august 2019 by NSS Unit. Among guest Dr.Ajit Mulje and Shailesh Tattapure were felicitated by the principal Mrs. Satpute K.L and academic incharge Mr. Sonavne S.M respectively. Around 5,122 different government schemes information was provided to the students by registration through Yuva Mahiti Dhoot mobile app.
- On the occasion of World Pharmacist Day dated on 25th of September 2019 **“Blood Donation Camp”** was organized by NSS team. The event started with welcoming the chief guest and ribbon cutting by Dr. Dargad J.S Principal Dayanand Science College, Latur and also by felicting the team members of Dr.Bhalchandra Blood Bank. Separate arrangements were made for the boys and girls donor. Numbers of blood donors were ready to donate their blood and participated in this social cause. In this camp donors donated 350ml of blood sample. Refreshment was provided such as glucose, bananas, tea and biscuits. For these camp 51 donors including teaching and non-staff members donated their blood
- National Service Scheme Unit of Dayanand College of Pharmacy, Latur organized a free **“Free Health Checkup Camp”** at Shivli mod, Borfal Taluka Ausa Dist. Latur for the pilgrims who goes walking to Tuljapur and Renapur road on dated 4th, 5th and 6th of October 2019 respectively. Inauguration of the free check-up camp was done by the guest namely Mrs. Satpute K.L (Principal) Dayanand College of Pharmacy, Mr.Yadav Gokul (Sarpanch Gram Panchyat Borfal) Mr.Shivaji Surwase (Gram Panchyat Sadasya Borfal).The NSS Volunteers conducted the various check-up tests such as Sugar test, Blood Pressure, Weight for around 500 pilgrims and dispensed general

medicines to such patients who had suffered minor injuries or pain during their walk to Tuljapur and Renapur and also provided consultation for general ailments.

- On the occasion of 150th birth anniversary week of Mahatma Gandhi “**Swachta Abhiyan**” was organized under the National Service Scheme (NSS unit) on 11th of October 2019 in collaboration with Municipal Corporation Latur, within the campus where all the faculty members, non-teaching and office staff participated in the event by taking the cleanliness oath and prohibition of plastic use and cleaning the premises. The NSS volunteers conducted the event by decomposing the dust, pollens stuffs from the campus. All staffs actively participated with the students in this cleaning drive of “Swachta Hi Seva”.
- An “**Awareness program on Tuberculosis**” was conducted on 15th of October Among guest Mr.Akash Ghodke, Vikas More and Pravin Bhalerao were felicitated by the principal Mrs. Satpute K.L and Cultural Incharge Mr. Lohiya G.V and NSS Incharge Mr.Waghmare R.S respectively. The guest focused on different diseases in India and various stats, treatment, facilities for the betterment and their cure. Later he classified various upcoming diseases and their consultation with remedies and mostly provided the information on tuberculosis and its awareness.
- An “**Awareness and demonstration on Cardiopulmonary resuscitation technique**” was conducted on 16th of October. The team of anaesthiologist were present mainly Dr. Kalyani Saturkar, Dr. Anjali Kavthale, and Dr. Varsha Darde from Vivekanand, Mamta and Vaishnavi hospital Latur respectively were present for the demonstration. They were felicitated by the principal Mrs. Satpute K.L, Dr. Chaus W.N and Mr.Sonavne S.M respectively. The guest demonstrated the COLS/CPR technique with students and provided the basic information to save a life due to heart attack in golden hours. Later they provided the information on its awareness.
- National Service Scheme volunteers of NSS Unit from Dayanand College of Pharmacy, played an active role in “**Pulse Polio Drive**” held in the Latur district on Sunday 19th march 2020 coordinated with Municipal Corporation, Latur. There were many booths

across the city. Some volunteers vaccinated polio drops, while others reminded their parents of the campaign by going door to door step. Around 25 NSS volunteers took part in the campaign. The campaign started since 9'o clock in morning and concluded till 5'o clock evening where children's of age group between 0-5 were vaccinated by polio vaccine. Campaign was successfully conducted under NSS coordinator Waghmare.R.S.

- Dayanand College of pharmacy, NSS Unit organized Essay writing, Books exhibition and Speech on the occasion of '**Marathi Language Conservation Fortnight**' and "National Youth Day" dated on 13/01/2020. On this day Dr.Gopal Bhutada and Prof. Yuvraj Waghmare were presented as a chief guest along with Principal Dr. Satpute K.L, Mr.Sonavane S.M, Dr.Chaus W.N. and Mr.Gopal Lohiya. On the occasion of this event chief guest Dr.Baheti addressed to students and Prof Yuvraj Waghmare presented his one act, Marathi stories and Marathi poems form his books and also guided to young students about importance of Marathi language. Later inauguration of book exhibition was done by our principal where 1500 books were kept for exhibition for students, staffs and non-teaching staffs. After exhibition essay competition was kept for the students were 55 students actively participated in assay competition in Marathi language and won consolation prizes for the same. The event was successfully conducted under the guidance of NSS Incharge Waghmare.R.S and NSS team volunteers.

***All details of the events are listed above and the list of participants and event photographs are listed below.**



“Tree Plantation at Venkatesh Residency”



“Kolhapur, Sangli, Kerala Flood Relief Donation”



“Yuva Mahiti Dhoot”



“Blood Donation Camp in the College”



Free Health Check-up Camp at Shivali mode and Renapur Road for Tuljapur Pilgrims



“Swachta Abhiyan in College”



“Awareness program on tuberculosis”



Hospital visit



Pulse Polio Drive in Latur district”



Awareness and demonstration on Cardiopulmonary resuscitation technique”



Co-curricular and Extracurricular activity 2019-2020



Free Health Check-up Camp at Shivali mode and Renapur Road for Tuljapur Pilgrims



Alumne interaction



On the occasion of National Youth day Mr. Rahul Nabander Delivers valuable guidance



Prize distribution Zeal Annual day 2020



On the Occasion of Marathi Language Day Dr. Chaus W.N felicitate Mr. -----



Persnality Development program is arranger for students by college and speaker is



Felicitation of GPAT Ranker 2019-20 By Hon. Mangamangment council



Visit to Sodh Advantech, Aurangabad as a part of Industrial visit



Guest delivering his speech on the occasion of Induction program and Fresher's welcome



Blood Donation Camp is organised by NSS on occasion of World Pharmacist Day 2019



Tree plantation campaign organised in Dayanand Education societys campus.



Students actively participated in Swachha bharaat Abhiyan in Dayanand education society, Latur



Inauguration of sports invents with presence of Dr. Satpute K. L. and other faculty members



Traditional costume fashion show
(Theme - Maratha: Chhatrapati Shivaji Maharaj and Saibai)



Painting exhibited in annual social gathering Zeal 2020 by
Laxman and Ram Shukla and Sneha Tawani



Performance by student on Traditional day 2020
(Theme - Ram and Laxman)



Performance by student on Traditional day 2020
(Theme - Aghori Baba)

Annual social gathering celebration Zeal 2020



Inaguration of Annual social gathering Zeal 2020 by Mr. Bharat Satpute Head master Z.P. High school at Bhada Ta: Ausa and Mr. Dhanjay Gaikwad Director Maitri Foundation, Latur



Inaguration of fun fair by Princiapl Dr. K.S. Satpute madam

Group dance performance by B.pharm second year



Group dance performance by B. pharm final year

Traditional costume fashion show

CO-CURRICULAR AND EXTRACURRICULAR ACTIVITY

2019-2020



Top 10 Pharma Company globally 2020

Annual revenue of top 10 big pharma companies

Sr. No	Name of company	Annual Turnover
1	Pfizer	\$51.75 billion
2	Roche	\$50 billion
3	Novartis	\$47.45 billion
4	Merck	\$46.84 billion
5	GlaxoSmithKline	\$43.54 billion
6	Johnson & Johnson	\$42.1 billion
7	AbbVie	\$33.27 billion
8	Sanofi	\$27.77 billion
9	Bristol-Myers Squibb	\$26.15 billion
10	AstraZeneca	\$23.57 billion

By Dr Cheryl Barton, 03-03-2020
Top 10 Pharma Company globally 2020

Sr No.	Top 10 Pharma company in India
1	Sun Pharmaceuticals Industries Limited
2	Cipla Limited
3	Aurobindo Pharma
4	Dr. Reddy's Laboratories Limited
5	Lupin Limited
6	Glenmark Pharmaceuticals
7	Cadila Healthcare Limited
8	Torrent Pharmaceuticals Limited
9	Intas Pharmaceuticals Limited
10	Mankind Pharma Limited